

SUMMER 2022 PROGRAMS

The Town of Montreal West is pleased to announce that we are planning on offering our day camp, pool activities and recreation programs this summer.

As always, our priority is to offer a safe, fun and secure environment for all. With that in mind, activities and procedures will be adjusted as we face the current pandemic. Please keep in mind that regulation can evolve through the summer which may have an effect on how programs are offered and what activities can be done.



CAMP					
ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST
Day Camp	5 - 12 y.o.	Mon. to Thurs. 8:45 AM - 3:45 PM Friday 8:45 AM - 3 PM	June 27 - Aug. 19	Hodgson Field	8 Weeks: R \$1225, NR \$1325 4 Weeks: R \$760, NR \$810
Day Camp AM Extended	5 - 12 y.o.	Mon. to Friday 7:30 AM - 8:45 AM	June 27 - Aug. 19	Hodgson Field	8 Weeks: \$400 4 Weeks: \$220
Day Camp PM Extended	5 - 12 y.o.	Mon. to Thurs. 3:45 PM- 5:30 PM Friday 3 PM - 5:30 PM	June 27 - Aug. 19	Hodgson Field	8 Weeks: \$450 4 Weeks: \$250
Day Camp AM & PM	5 - 12 y.o.				8 Weeks: \$825 4 Weeks: \$450
Tennis Camp	5 - 12 y.o.	Monday to Friday 9 AM - 4 PM	June 27 - Aug. 19	Hodgson Field	Weekly: R \$330, NR \$360

COMMUNITY CENTER YOUTH					
		AM			
Little Buddies	3 - 4 y.o.	Monday to Friday 9 AM - 12:45 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$630, NR \$670
Les Amis	5 - 6 y.o.	Monday to Friday 9 AM - 12:45 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$630, NR \$670
Kidz Klub Jr	7 - 8 y.o.	Monday to Friday 9 AM - 12:45 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$630, NR \$670
Kidz Klub Sr	9 +	Monday to Friday 9 AM - 12:45 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$630, NR \$670
		PM			
Little Buddies	3 - 4 y.o.	Monday to Friday 1 PM - 4 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$500, NR \$530
Les Amis	5 - 6 y.o.	Monday to Friday 1 PM - 4 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$500, NR \$530
Kidz Klub Jr	7 - 8 y.o.	Monday to Friday 1 PM - 4 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$500, NR \$530
Kidz Klub Sr	9 +	Monday to Friday 1 PM - 4 PM	June 27 - Aug. 19	Community Center	8 Weeks: R \$500, NR \$530

FITNESS					
Barre		Tuesday 8:30 AM	June 14 - Aug. 2	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Barre		Friday 9 AM	June 17 - Aug. 19	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Essentrics		Monday 9:30 AM	June 20 - Aug. 8	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Essentrics		Wednesday 9:30 AM	June 15 - Aug. 3	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Gentle Yoga		Tuesday 7:30 PM	June 14 - Aug. 2	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Gentle Yoga		Thursday 7:30 PM	June 16 - Aug. 4	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Outdoor Warrior with Sule		Monday 7 PM	May 2 - June 27	George Booth Park	8 Weeks: 1x week R \$122, NR \$132
Outdoor Warrior with Sule		Monday 7 PM	July 4 - Aug. 22	George Booth Park	8 Weeks: 1x week R \$122, NR \$132
Outdoor Warrior with Sule		Wednesday 7 PM	May 4 - June 22	George Booth Park	8 Weeks: 1x week R \$122, NR \$132
Outdoor Warrior with Sule		Wednesday 7 PM	June 29 - Aug. 17	George Booth Park	8 Weeks: 1x week R \$122, NR \$132
Reach		Tuesday 7 PM	June 14 - Aug. 2	Town Hall	8 Weeks: 1x week R \$60, NR \$70 / 2x week R \$95, NR \$105
Reach		Thursday 7 PM	June 16 - Aug. 4	Town Hall	8 Weeks: 1x week R \$60, NR \$70 / 2x week R \$95, NR \$105
Stretching		Thursday 8:30 AM	June 14 - Aug. 2	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Stretching		Tuesday 5:50 PM	June 14 - Aug. 2	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
Stretching		Thursday 5:50 PM	June 16 - Aug. 4	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145
TRX		Monday 6:30 AM	June 20 - Aug. 8	Hodgson Field	8 Weeks: 1x week R \$105, NR \$115 / 2x week R \$186, NR \$196
TRX		Wednesday 6:30 AM	June 15 - Aug. 3	Hodgson Field	8 Weeks: 1x week R \$105, NR \$115 / 2x week R \$186, NR \$196
TRX		Friday 9 AM	June 17 - Aug. 19	Hodgson Field	8 Weeks: 1x week R \$105, NR \$115 / 2x week R \$186, NR \$196
Yoga for Men		Monday 6:30 PM	June 20 - July 18	Curling Club	5 Weeks: 1x week R \$45, NR \$60 / 2x week R \$85, NR \$115
Yoga for Men		Wednesday 6:30 PM	June 15 - July 13	Curling Club	5 Weeks: 1x week R \$45, NR \$60 / 2x week R \$85, NR \$115
Zumba		Wednesday 6:45 PM	June 15 - Aug. 3	Town Hall	8 Weeks: 1x week R \$68, NR \$85 / 2x week R \$128, NR \$145



Visit the Town website for the most up-to-date programming:
montreal-west.ca

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