# INFORMER

Montreal West Viewspaper

March-April 2021, Vol. 49, No 3.



The Easton Redevelopment Project (https://www.theeaston.ca/)

by Maurice Krystal

Fifteen years ago, I interviewed an amazing lady named Alice Miller. She had lived on Nelson for nine decades both in her parents' house and the home she had built next door. She would be moving in a few months to the Griffith-McConnell Residence in Côte Saint-Luc. In fact, the residence was right across the street from Wagar High School where she had served for a number of vears as Vice-Principal. We ioked that she would be able to look out her window and return to her glory days.

Sometimes what ends up being printed in the paper and what actually takes place are not always the same. In fact, her lips trembled and she became tearyeyed. It was the first and, so far, only time one of my interviews

# The Saga of a Seniors' Residence

went in this direction. I sat there and helplessly watched this lady, who played such a vital role in the MoWest community, cry. She pulled herself together and asked me not to mention this "weakness" in the article. She spoke about how she wished there were a residence in Montreal West she could move into.

She moved that September and passed away not long after in a place that she confessed she could never call home.

My interest in the topic of a seniors' residence started a few months ago when I was doing research on the history of The Informer. Reading two decade's worth of past issues, I noticed the same subjects kept being raised. The most persistent was the fight for a seniors' residence. And as I was reading emotional letters to the editor, the memory of Alice Miller came back to me with surprising clarity.

### The historical span

A seniors' residence has been proposed in the past by a number of Town Councils and yet here we are no closer and having the same conversation.

Over the many years, six sites have been brought up for such a dwelling: next to St. Philip's Anglican Church; Edgar Davies Park; adjacent to the Town Hall; what is now the *Auto Evolution* building; the old *BMR* lumber-yard; and townhouses next to The Salvation Army Eventide Home.

### St. Philip's

In 1978 a proposal to build a four storey 36-suite apartment residence on land adjoining

St. Philip's was announced in *The Informer*. Earlier that year, a survey polled MoWest residents 55 and over if they were interested now or in the near future in such a residence; 120 said they were. However, in early 1981, the plan was abandoned.

The reasons given were financial difficulties, a legal issue over fees between the planning committee and **Mr. Pope**, the architect, and the increasing reluctance by the parish members to remain involved with this project.

### **Edgar Davies Park**

In the summer of 1989, the *Montreal Westward Rotary* proposed a seniors' residence to be located at Edgar Davies Park. This time the building would be six storeys and would contain 98 apartments. *The Informer* said "feelings were high" in the community. Everyone was in

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### INFORMER

#### 10 Westminster North Montreal West, Quebec H4X 1Y9

The Informer's role is to provide MoWesters with information about their Town and its citizens in order to foster the small-town, close-knit atmosphere that makes Montreal West a special place in which to live.

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NEXT ISSUE DEADLINE April 7

# Healthy, organic fruit and vegetable plants

Looking for some fun and healthy activities to do this spring? *Curzon Preschool* has you covered!

Our Plantables.ca fundraiser is up and running. Choose from a selection of healthy, organic fruit and vegetable plants to fill your summer garden and have them delivered right to your door at the time they need to go in the ground. Go to Plantables.ca to place your order and don't forget to enter code CURZON at checkout!

Be on the lookout for new

monthly challenges from Keep Fit with *Curzon*! In March, participants ran, walked, biked, danced and snowshoed their way to virtual medals and completed the Mount Everest Climb (130 km) or the Feel Good 60 (60 km). Sign up at RaceRoster.com today and

search for "Curzon" to discover our April challenges! You can participate on your own, with your kids, pets, family and even team up

with your favourite people around the world! All proceeds will go to the school. Follow Keep Fit with Curzon on Facebook to stay in the loop.

See you on the leaderboard!

from Jen Solley



# **Pollinator party**

Many of you may have been wondering what the *Environmental Action Committee* (*EAC*) has been up to this past year. Well, first thing was to put the brakes on plans for our second clothing swap scheduled for May, 2020. This was disappointing as the first was such a great success. So on to other projects!

The EAC has been hard at work researching and making plans to support pollinators in our urban environment. Bees, butterflies, birds and bats all play important roles in the process of pollination; they help plants grow and breed, producing a lot of the food that we consume every day.

Pollinators help the economy of our planet by supporting food production, but they are also the backbone of the environment we live in! Insect pollination is vital in the growth of millions of plant species which provide shelter and habitat for an innumerable number of animals. If these pollinators disappeared, the animals that depend on these plants for survival would vanish as well.

Unfortunately, pollinator populations here and around the world are in decline. Along with climate change, pollinators suffer habitat loss from urban development, abandoned farms and a lack of pollinator-friendly flowers.

Contrary to popular belief, small, basic actions can help save our pollinators. Planting certain flowers helps pollinators reproduce and thrive in an area, while also enhancing and strengthening the biodiversity of the community.

For suggestions of what you could plant in your garden: espacepourlavie.ca/en/native-plants-your-garden.

While we are perhaps more familiar with the roles that bees and butterflies play in our ecosystem, many people may not be aware of the importance of bats to our well-being. They play a critical role in spreading the seeds of trees and other

plants and thereby contribute to reforestation after logging, fire and urban development projects. Bats are also important because they are the main predators of nocturnal insects (e.g., moths, mosquitoes, crickets). Consuming very large quantities of insects, a bat can eat the equivalent of its own weight in one night! Bats are at risk due to light pollution and loss of habitat.

The EAC will be using funds raised at our first clothing swap to purchase several bat houses. If you are interested in having one for your yard, please contact **Maria Torres** at mtorres@montreal-west.ca.

from Laura Cousineau and Chloe Comeau on behalf of the EAC

Bat house





# Let's save the St. Pierre River



If you have played golf or walked your dog on Meadowbrook in the past year, per-

haps you noticed that the small river that meanders across the fairway was frequently dry. Now, the St. Pierre River is at risk of drying up permanently and completely, and Les Amis du Parc Meadowbrook has launched a letter-writing campaign to save it.

The river was fed by a contaminated storm sewer collector. In January, the Quebec Court of Appeal ordered the City of Montreal not to release any more water, contaminated or not, from the collector onto the golf course. From now on, this 200-metre stretch of the river will be entirely dependent on rain and melted snow.

In 2014, Montreal city council recognized the value of rivers

in preventing flooding, and their contribution to biodiversity, and it passed a resolution to protect the Island's rivers and streams. The St. Pierre River is also an important part of Montreal's heritage: it was first diverted in 1697 to help power area flour mills. But eventually, like the Island's more than 30 other streams, it was buried in the sewer system. The open stretch of water on Meadowbrook is one of just a few places where remnants of the island's rivers are still visible.

Les Amis du Parc Meadowbrook is encouraging people to write Mayor Valerie Plante, asking her to work with Montrealers to save the St. Pierre River. Go to lesamisdemeadowbrook.org to learn more. You'll find a link to a letter you can sign, or you can write one of your own.

from Janice Hamilton



### **Creative Snowman Contest Winners**

Audrey, Victoria and William McCutcheon Thank you to all those who participated! Merci!







### Gannaiden: Garden of Possibilities

In 1989, **Elaine Steinberg** bought three acres of inhospitable land – a marsh surrounded by sand – in Vaudreuil-Dorion. In the years since, it has been her labour of love to coax this property into a three-acre paradise. The property consists of her home, greenhouse, artist studio, pond and masses of flowers planted around trees and shrubs. Elaine's husband, **Marcel Braitstein**, is a recognized Canadian sculptor and his wonderful creations dot the land-scape.

Elaine Steinberg was to have spoken to the *Horticultural Society* about her Garden of Possibilities this past March 15 (2021). She was engaged well before March 2020, and, if all goes well, she will at last be making her presentation in March 2022.

Gannaiden will be open for organized tours this summer if permitted by government guidelines. It is necessary to book in advance. Contact information is available on the website Gannaiden.org.

It is also worth a look at the website to see what has been done with a marsh/sandpit. Inspiring!

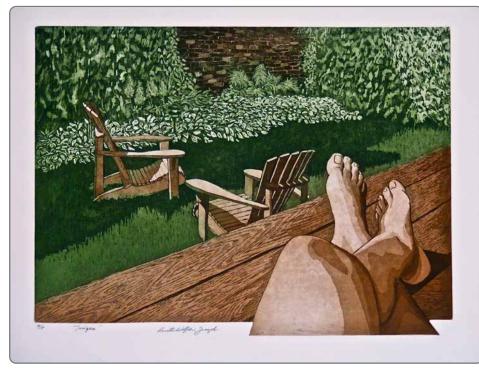
### Artists' Showcase

### **Unsung Heroes**

Calling all Mo West Artists! It is time to start planning your art work for next season's Artists' Showcase. The theme for the spring/summer exhibit will be Unsung Heroes. Please fill out an application online. The online exhibit will be up toward the end of May, the deadline for application is May 15.



Tonic (etching with aquatint) by Annette Wolfstein-Joseph. This and other artworks from our last online exhibition "Great Outdoors" can be viewed on the Town website at montreal-west.ca/en/recreation/culture/artist-showcase/.



### IODE

# Recycling produces useful items!



Since I joined *IODE* HMS Victory chapter in 1997, the front porch at 131 Wolseley Avenue North became a redistribution centre.

In February, with the help of Jane Paterson, almost 25 pounds of assorted wool was distributed to several volunteer knitters to make scarves and mitts for *Dans la Rue* and baby clothes, socks, etc. for various charitable associations. Two venerable sewing machines, leftover sewing supplies, much wool and knitting needles were sent to Ullivik, a provincial residence for people from northern Quebec villages who have been flown to Montreal for medical treatments. Most of these donations are from friends who are downsizing or helping to clear out homes.

The volume of travel toiletries received for women's shelters is much reduced while we cannot travel, but large bottles of shampoo have been passed on to *Resilience Montreal* or *Auberge Transition*.

### Want to help?

Part of the mission of *IODE* is to fill in gaps, and we really appreciate all the help for recycling/redistribution and welcome more women to help with this and other projects.

Please call **Giuliana Pendenza** at **486-1538** or **Janet King** at **481-6523** for more information. We do hope to resume in-person social meetings soon.

from Janet King

### **West End Quilters**

Spring is coming and the West End Quilters are looking forward to gathering together at a meeting outside. We have been quilting and a number of baby quilts and crocheted blankets are ready to be donate to new mothers at the Royal Victoria Hospital.

We had a fun Zoom workshop with **Cheryl Arkison** from Calgary. We learned how to make letters and words to add to quilts. An online class actually works well. One doesn't need to pack up all the supplies, sewing machine and fabric, so you can work easily in your own space. Another evening, **Karen De-** parois, a local quilter showed us her beautiful quilts, many in silk and linen. If we have any free time, *Courtepointes Québec* has been busy organizing many online workshops and lectures. More inspiration.

March 21, International Quilt Day will be hosted once again by *Loose Threads Guild* in Côte Saint-Luc. It was cancelled last year, but now that we are all experienced Zoomers, we will enjoy a day of quilting online

facebook.com/westendquilters marysdogbob@gmail.com.

from Mary Sutherland



### Rotary

### **Lisa Kasner:**

### Project Feel the Love



Our February 25. speaker was **Lisa Kasner** from Project Feel the Love. Lisa said the project came about from a doc-

tor at the *Donald Berman Jewish Eldercare Centre*. Several members of his staff told him they are tired and are feeling under appreciated. He decided to show them love

and he made the first donation to Feel the Love to kick off the project.

A lot of donations were going to the *Jewish General Hospital* because it is a COVID-19 designated hospital. The staff needed to know the community were behind them and knew how hard they were working. They called people they knew and people

they did not know. They googled and asked around and were rewarded with so much love from everyone they asked. Not one person or company turned them down.

They say it takes a village and Project Feel the Love benefited from being part of the village. There was support from the Sikh and Jewish communities, from the *Rotary Club*, from transport companies. *La Senza* said they had 500 pairs of shoes to donate; all they had to do was pick them up. The goods were brought to *Combined Jewish Appeal (CJA)* and since the *CJA* building was shut down for three months, they were able to use it to warehouse all the goods collected. *Kruger Inc.* donated toilet paper to every staff member at the seven sites.

Also, they prepared 10,000 meals over three months. There was a theatre group who could not perform or make their costumes, so they decided to make masks for the staff to be used when the workers left the hospitals. Tim Hortons gave gift cards and IGA gave bags of food. No one wanted to say no. They were not looking for financial donations, but they did get them and were thankful for them. Restaurants would deliver food for the workers. McDonalds fed many workers their Happy Meal and the owner of the franchise would deliver them personally. Everyone on a shift, be it janitor, security guard, nurse or doctor shared in getting the meal or the treat. Everyone was treated with the gratitude they deserved.

Lisa ended her talk with an update by saying most residents got vaccinated in December and it was a godsend because there were very few outbreaks after that.

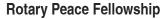
# Rotary Global Grant Scholarships

The single 7040 Global Grant Scholarship is awarded annually to a District 7040 permanent resident (Western Quebec, Eastern Ontario, northern NY state) whose undergraduate degree will be awarded by the

end of June and who will be entering the first year of a first Master's degree in studies related to one of *Rotary*'s seven areas of focus. Further criteria are listed on the District website and the list should be read carefully. The Global Grant Scholarship is for \$30,000 USD

We are looking for candidates who have a wide range

of experience, a sense of adventure and a desire to change the world! The deadline for applications is Aril 15.



Rotary offers two types of Peace Fellowships: a two-year Master's program and a three-month certificate program in peace studies. Candidates must have three years experience for the Peace Fellowship Master's degree and five years for the certificate program in a field related to peace studies. Once again, candidates should read the criteria on the *Rotary* International website very carefully.

As a district, we have been fortunate to

have had 14 Peace Fellows over the years, many of whom have come from the ranks of the federal civil service. We are looking for candidates whose dedication to a better world through peace is driving them to further studies. The deadline for applications is April 15.

from Doug Yeats

### **Join Rotary!**

The *Rotary Club of Montreal West and NDG* is looking to recruit new members.

Rotary International is an international service organization whose stated human rights purpose is to bring together business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and to advance goodwill and peace around the world.

The Rotary Club of Montreal West and NDG has been meeting online through Zoom Thursday night from 7:30-8:30. We have been focused on raising money for the follow charities or organizations over the past 18 months: delivering meals to front-line workers, the Native Women's Shelter, the homeless, the Food Depot, disaster in Lebanon.

We have raised money for these important causes through activities such as a virtual oyster party fundraiser, a virtual concert, virtual Zoomba and a virtual comedy night with **Joey Elias** April 17.

If you are 25 years or older, looking to team up with like-minded individuals and your passion is to help others, please reach out to us for more information. We are looking for women and men who are willing to contribute to our growth and community. Mowest.ndg.rotary@gmail.com or call Brian at 825-0191.



# The Saga of a Seniors' Residence

continued from page 1

agreement to the need, but not the location. Over 250 pe-ople packed the Town Hall to a raucous information meeting.

The major complaint was the surrendering of valuable green space to the project. The argument against was that this would destroy the garden village atmosphere. Alternate locations were proposed. This included building the residence next to the Town Hall, in the area which housed the Cenotaph, or even connecting the residence to the Town Hall. Then there was the proposal to locate the residence in what some called the town's "eyesore", the MW Automobile building. Although the Edgar Davies location had the backing of the Mayor and Council, opposition proved too strong and the plan once again evaporated.

### **Auto Evolution building**

Proposed changes to the urban plan in the winter of 1991 initiated many letters to *The Informer*. The most contentious issue was the proposed by-law change (#446) that would have allowed four-storey apartment buildings on Westminster South. Commissioners on the Town Council pointed out the need for increased tax revenue as well as apartment spaces for seniors who have to give up their homes, but wished to still reside in the community.

But once again there was opposition. One letter writer, who voiced a persistent complaint on the "no" side was, "The town will have NO control over who lives in [these buildings]." Once again there was the argument of destroying the village atmosphere and a loss of "solar rights". There were also letters that insinuated, without evidence, that Councillors were "bought" by land developers. The "yes" side focussed on the need to generate more tax revenue to provide the citizens with badly needed programs and projects. It mainly appealed to the best in human nature to help out seniors who wanted to reside within the Town but needed various forms of assistance.

The "no" side won after a highly polarized referendum. The results were 854 negative votes and 749 affirmative. Only 46% of those eligible voted. Feelings on both sides were bruised. Letters to the editor of *The Informer* continued on this issue for months.

### BMR lumberyard

In 1993 The *Armand et Fils Ltée BMR* lumberyard on Milner went under after 83 years in business. The owners tried to get the zoning bylaws changed to allow for a six-storey seniors' residence. For some reason the Town Council did not pursue this matter.

Then there was the issue of the *Eventide Home* run by the *Salvation Army*. While it

is technically in NDG, some of the surrounding land is within the borders of MoWest. In the 1980s, the *Salvation Army* was selling off property to stay financially afloat. It was sold to a private concern who wanted to turn it into a seniors' home with independent living. From **Joan Foster**, I recently learned that Alice Miller and a few others from MoWest jumped in when there was a presale. but that fell through when not enough units sold.

In 1993, the Government of Quebec made a bid to purchase the property to house prisoners. This mobilized concerned citizens, both in NDG and MoWest to fight this going through. Once again, "Not in my back yard" won the day! There was talk of developing some of the land on Brock South to build townhouses, but this too evaporated. The residence was then sold to Parmalat and has since stood boarded up for decades.

### The present day

Since then there has been little talk of a seniors' residence, at least not brought up before Council. There is now a shift to encourage the building of apartment blocks that could rent to seniors and allowing more duplexes to be constructed. This shift comes from the seniors themselves. The two most recent surveys suggest seniors in MoWest prefer independent living in an apartment or condo over an institutionalized setting. The pressure to make changes will only mount as seniors increase in numbers. Primarily because people are living longer, the birth rate is declining and Baby Boomers are now a majority of Golden Agers. Presently some 17% in MoWest are 65 and over. In neighbouring NDG it is 20% and in CSL it is close to 30%.

The fact that CSL's figure is almost twice that of MoWest should not come as a surprise. The high-rise buildings and the multitude of senior residences have made CSL one of the most densely populated senior areas in Canada. With the lack of land to develop, it seems unreasonable to expect MoWest could ever come close to CSL's number in this regard. And would we even want to?

Over 80% of the buildings in MoWest are single family dwellings. Will more apartments or condos change the character of our Town? Probably, but character is more than what sort of housing exists, it's also how we treat the various demographic segments of our society.

I have seen how senior volunteers keep our libraries open, keep our newspaper functioning and keep the *Meals on Wheels* distributing. I have watched our seniors lead active lives exercising, quilting, planting, painting, biking, playing tennis, curling, functioning and living. On Volunteers' Night all those who have helped out making Mo-

West the special place it is, the majority, grey haired and balding, are in the Town Hall once a year to be feted. Surely there should be a place for them when they can no longer climb those stairs. Yes, both in their homes and those stairs in the Town Hall.

I do not believe most residents are unfeeling towards the plight of seniors in their midst. It may sound like they are being abandoned to NDG, Côte Saint-Luc and the West Island suburbs, to end their days somewhere else rather than the streets where they raised their own families. When the pandemic hit, a call went out to volunteers to help with the Town's Senior Outreach Program, there were more people than could be used. Nine months later, volunteers are still helping seniors with shopping and are calling to check in on them. Combating isolation is a major issue especially with the most vulnerable in our society. Good will is evident.

I received a brochure in my mailbox explaining MADA, the age-friendly policy proposed for the next five years. An age-friendly municipality encourages active aging by optimizing opportunities for health, participation and security. The Town will adapt its structures and services to be accessible and inclusive to older people with varying needs and capacities. And as is stated in this pamphlet, this is good for all age groups. The young are not "protected" by "hiding" those who can no longer be active. Within this brochure are photos of seniors doing things, both physically and mentally, with multiple generations. It is very positive, and maybe that is the way it ought to be. I know some of these people. They all look happy. I think most seniors in MoWest are happy. There are so many things to do in this community.

I don't want to be negative but aging can be difficult. There are the falls, the strokes, the canes, the walkers and the wheelchairs. There is dementia and Alzheimer's. Most of us will eventually reach that stage in life where independence is no longer an option and we will require assisted living.

The purpose of this essay is not to criticize anyone. It is to remind us that promises were made that could not be kept for what ever reason. Alice Miller's tears will haunt me forever. Perhaps "The times are a changing" so let's not give up trying again. Recently the plans for The Easton were made public in *The Informer*. This is the building that will eventually house the new adult library. It will also have 24 condo units. There has been no fuss or protests that I have heard of. In 1991 the community almost split in two at the mention of four-storey apartment buildings on Westminster South. Technically *The Easton* (theeaston.ca) will be a three-storey structure with a mezzanine. I am not sure how many seniors will be rushing to buy these condos, but maybe a small crack has opened. Leonard Cohen had something to say about cracks "letting the light in."

### Edinburgh School

# Conversations about Black history



Portraits of Martin Luther King Jr, Rosa Parks and Viola Desmond, painted by a Grade 3/4 class, adorn the staircase of Edinburgh

Mathieu da Costa, John Armstrong Howard, Yolande James. Names of historic Black figures in Canada, but names that may not show up in the school curriculum.

During Black History Month (February) students from all grades at Édinburgh Elementary took part in presentations from Kemba C. Mitchell - Consultation Services (KCM), courtesy of the West-Island Black Commu-Association (WIBCA). "Considering the minimization and distortion of the Black Canadian experience in the curriculum, it is important that all children are aware of the contributions of all racialized individuals to this country," says Kemba *Mitchell*, Chairperson of *WIBCA*.

The presentations highlight the contributions of Black Canadians, but also open the door to important discussions

about racism, stereotypes and prejudices. The presenters also broach the issue of how students can continue to educate themselves about Black history beyond the month of February. "Although February is a fantastic opportunity for communities in Quebec to come together to celebrate Black history and successes, it is equally important to note that Negro History Week, was founded by the American historian Carter G. Woodson in 1915 due to the frustration of all students being deprived of learning about Black achievements in school. In 1995, the House of Commons officially recognized February as Black History Month in Canada yet, 26 years later, Eurocentric education continues to misconstrue Canadian history further marginalizing communities," notes Mitchell.

### Elizabeth Ballantyne School

### The giving trees

Elizabeth Ballantyne School has received a generous donation of knitted hats, scarves, mittens and headbands from a group called *Centennial Sisters*. It takes an extraordinary group of volunteers to knit beautiful items for students who need them. The knitted items were placed on and under our giving trees. These trees were made by **Ms. Carmy** and two stagiaires from Vanier College. Students who require warm acces-



Hellen and Chloe love EBS' Giving Trees

sories helped themselves to these knitted items from these trees. This act of kindness and generosity on the part of the *Centennial Sisters* is very much appreciated.

### **Art workshops**

Creativity has been looming in the classrooms at EBS. Local artist, **Kate Battle**, presented a virtual workshop to explain pop-up art and the basic techniques of creating their pop-ups. Students from kindergarten to grade 6 enjoyed learning about paper engineering. The students were engaged and had a great time.

Students in grade 6 also took part in a stained-glass workshop presented by local artist **Anouk Looten**. The two-day workshop taught the students all about stained glass and the art of Joan Miro and Sonia Delauney. The students were inspired by the work of these artists to create beautiful pieces of stained glass that will be displayed on the windows of the cycle 3 hallway. These workshops were made possible through generous grants from *ArtistsInspire* and *Culture in the Schools* from *MEES*.

### **Black History Month**

In honour of Black History Month and in appreciation of African heritage, this



Guiselena and Chloe's stained-glass masterpiece

month was dedicated to recognizing inspirational Black individuals who made a difference in the world. Students from kindergarten to grade 6 took part in a variety of activities in their classes. **Ms. Gladys**, our spiritual animator, hosted virtual lessons, stories were read and the hallways were filled with fantastic art and projects.

### Montreal West Scout Group



### Cubs

The MoWest Cub Scouts have been busy meeting online and having fun while doing so. Along

with welcoming new members, they have worked hard on crafts, done some baking and have shared some show and tells. Most recently the Cubs have independently worked on a spring break scavenger hunt outdoors and will soon share their findings from different types of trees, to furry animals and their tracks, as well as snow brick structures and snowballs as big as their heads, at a coming meeting.

Along with the nicer weather, the Cubs will continue to hone their Scouting skills as well as some useful everyday ones. They will be doing some coding, practice with compasses, fire building tips and putting their very own first aid kits together, along with learning how to use them. They'll even be making their own no-sew masks. Keeping up with the very different time we're in has been a huge part of the Cubs' life and they are handling it like the stars they are!

from Mara DiVittori

### **Scouts**

Scouts have been gazing skyward. A recent challenge assigned at an online meeting was to identify a constellation in the night sky, photograph it, if possible, and to report back to the Troop on the story behind the constellation. Scouts learned a lot about the fish Pisces, Orion and how to identify his belt, how Ursa Major points to the North Star, and how the giant crab, Cancer, attacked Hercules during one of his great labours. Scouts showed impressive knowl-

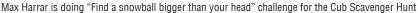


Finn Duncan - building a Bat Box for the Canadian Wildlife Federation

edge about the mythology that surrounds the constellations and the use of technology and star charts to share their knowledge.

Scouts are also gazing skyward to identify the variety of birds that live around us in the winter. As we look outside our homes and in parks and outside of the city, the Scouts are photographing and identifying the birds they see. They are recording the type of bird, the location, and the date where they see the birds. The idea is to contribute to the counts of birds that are taken each year so that naturalists can get a better idea about changes in bird populations.

from Andy Chapman







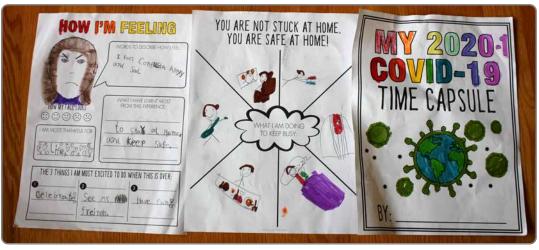
### Guiding

In February, the Sparks and Brownies "visited" Australia. We are fortunate **Brown** 

Owl visited the continent many years ago and was happy to share stories of Australia and of Guiding and the country. As part of our meeting, Brown Owl created an action story entitled: We're Going on a Rescue. She had the girls meeting up with various animals including kangaroos, wombats, duck-billed platypuses and possums. All the animals helped in searching for the koala who needed rescuing from the wildfires. All the animals made it safely back to the nature preserve!

Knowing everyone is living through the pandemic, *Girl Guides of Canada* has created a time capsule of the girl's experiences. The Sparks and Brownies had some thought provoking questions and discussions of their experiences. The girls each contributed a piece of artwork and some thoughts of what they are feeling and how they will feel once the pandemic has eased.

Thinking Day is celebrated every year on February 22 by the Girl Guides and Scouts the world over. It is a time when we remember Lord Baden-Powel, the founder of our organizations. We also celebrate the connections we have to other members.



These are the three pages that led the discussion during the meeting where the girls shared their pandemic experience

# To Australia we go!

This year, The World Association of Girl Guides and Girl Scouts has been nominated for a Nobel Peace Prize, and this accomplishment was the main focus of this year's Thinking Day activities. The Sparks and Brownies focused on what brings peace to them. If they can find peace within themselves, they can spread peace throughout the world. The Guides participated in this international celebration by learning to be effective peace-builders. At the local level, we all joined other Guiding and Scouting members from the province of Quebec to

celebrate with a virtual storytelling led by a Scouter from Westmount and a Guider from the South Shore who donned the rolls of Lord and Lady BP and shared the story of how Scouting and Guiding was created. This was followed by a campfire sing-along! It was very well organized and received.

The Guides had a special visit from the national organization: *Let's Talk Science*. The Guides had a chance to discover how science can be used to solve crimes, using different techniques from DNA to fingerprints. The girls also learned

about geometry in an origamiinspired craft. They made letters through folding a piece of paper in a specific way, making one cut in the paper to create a letter. The letters they made were S T E M I S F U N. (STEM is fun).

After March break, the girls had a chance to be the special guests at the Sparks and Brownie meeting and shared their versions of feminized fairy tales which they had created last month. There were different versions of *Little Red Riding Hood*. In one version, there was a robot fox that was programmed to be a companion animal for elderly people. In befriending the fox, Little Red's grandmother built up the courage to become a famous singer, a dream she had always had. This story was even animated with drawings! Another girl rewrote Sleeping Beauty. Although the young princess did appear to be sleeping in a casket in the middle of the forest, she was not waiting for her prince to come and give her a kiss. In this version, the young prince, after kissing the princess, was told in no uncertain terms how important it is to obtain consent first before assuming anyone would like to be kissed. Silence does not equal consent! They did not live happily ever after as a married couple.

Below: Garden of flowers was the activity for the peace garden; the girls wrote on flowers activities which bring them peace.

Right: Animals of Australia project





from the Guiders of Montreal West



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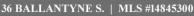
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### **MAYOR'S REPORT**

Upcoming infrastructure work

With spring on our doorsteps, our ritual infrastructure work is taking shape.

As you're reading this, we should already have issued our call for tenders for the repaving work to be undertaken on Avon, between Westminster and the overpass into Lachine at Ronald Drive. This was part of the agreement with the Ministère des Transports du Québec related to the Turcot reconstruction project. They are contributing financial assistance in the area of \$600,000. Originally, we were projected to repave Avon from the NDG border to the Lachine border. But upon investigating the pipes in the section between Westminster and NDG, we see that we will have to reconstruct the road and replace the piping. That however requires coordination with Montreal so, unfortunately, it will not happen this year. However, we will repave the section down the hill.

As well, we will very soon issue a call for tenders to

rebuild Fenwick, from Ainslie to Rennie. That work is our typical Montreal West project: replacement of water mains, sewers, lighting, sidewalks, road foundation and surface. As the sidewalks on Fenwick already have boulevards, the grassy area between the curb and sidewalk, we held a public consultation with the residents on Fenwick on March 9 to ask for their opinions on whether to continue with the boulevards, remove them from one side or remove them from both sides. The residents voted to keep the status quo and so the boulevards with be incorporated into the final design.

### **Economic vitality**

There was an interesting article in *The Gazette* on March 16 entitled "Suburbs of Quebec's large cities have highest economic vitality: study." The study, conducted by *Institut de la statistique du Québec*, concludes that "the most economically healthy municipalities are in the metropolitan regions of Montreal...." The highest Montreal region municipality was TMR (ranked 41st overall) followed by



Westmount (ranked 62<sup>nd</sup>) and Montreal West (ranked 76<sup>th</sup>)! The rankings go to 1162. The study looked at population growth, median household income, percentage employed, etc. Another reason for MoWest pride.

# Commemoration of beginning of COVID pandemic

Anniversaries are sometimes joyous and sometimes somber opportunities to remember special dates in our lives. March 11 was a somber occasion. I participated in a Montreal island service commemorating those lives lost because of COVID-19.

Throughout this past year, there have been some unfortunate constants. Some of our neighbours, friends and family have gotten sick and some have died because of COVID-19. We have now set aside this day to commemorate the 10,000 plus deaths in Quebec, 22,000 plus deaths in Canada and 2.6 million plus deaths worldwide.

As I tend to be optimistic by

nature - and though I have been hard pressed to remain optimistic at times – I will try to end on a positive note. As you remember the devastating effect COVID has had on our lives this past year, try and think of some of the positives. Though I would never try to minimize the deaths we have suffered as a community, as a town, province, country and globally, try to remember the positive aspects we have gained. Remember the good you witnessed as a community helping its members. Try to remember the bonds you have created or strengthened with your neighbours, friends and family by facing these hard times together. And try to remember that we're making it through. Maybe not unscathed, but maybe more human.

Let's not forget those we've lost as we keep our guard up.

Beny Masella, Mayor Town of Montreal West bmasella@montreal-west.ca



### **MUNICIPAL BUILDINGS PROJECTS 2021-2023**

In 2019, the Town of Montreal West received a grant from the Federation of Canadian Municipalities to develop and implement a Municipal Asset Management Program. Here are the ultimate goals of this project.

- I) update the inventory of our buildings and their functional and technical components,
- 2) carry out an assessment of their condition
- 3) formalize an intervention plan.

In developing a strategic plan we will be able to better structure our short and medium term building infrastructure investments. In 2020, the Town administration created a new governance structure to systematically analyze all data collected on the buildings to plan future maintenance and renovation.

Consequently, the following major renovation and restoration work has been identified and approved, under the Town's *Plan triennal d'immobilisation* (PTI) for 2021 through 2023:

### 1) Town Hall:

- √ Update the study for foundation wall repair
- √ Roof replacement
- √ Masonry repair
- Replacement of outdoor fire escape stairs (both staircases)
- ✓ Interior Assembly Hall renovation

### 2) Public Works Building:

- √ Roof replacement
- 3) Chalet at Edgar-Davies Park:
  - ✓ Foundation wall repair

Maria Torres, councillor Public Works and Public Buildings mtorres@montreal-west.ca



### **BECOME A COVID-COMBATANT**

With the vaccine rollout truly underway, there is more than a glimmer of light at the end of our Covid tunnel. Since mid-March all those age 65+ have been eligible for the shot, and I believe that all MoWesters who are able to get vaccinated should do so ASAP.

Personally, I can't wait for the day that age 60+ are eligible – I'll head straight to Clic Santé to book my shot!

Even if you aren't eligible yet, I'd suggest you go onto the Clic Santé website and familiarize yourself with the form you'll need to fill out. That way, when your age group is announced, you can whiz through the booking request and get your first choice of time-slot and location.

So besides getting the jab yourself when it's your turn, what else can you do to speed up the day we finally see Covid in the rearview mirror?

While most Canadians will roll up their sleeves for a

shot as soon as they can, unfortunately, there are some who are skeptics and will outright refuse to get it. But then there are a number of people who are simply hesitant and taking a "wait and see" attitude. Some of the leading reasons they give have to do with concerns about side-effects, and the vaccines' safety and effectiveness – even though these issues have been thoroughly vetted during the rigorous approval process. Nevertheless, concerns still linger.

Many of these people will eventually get the vaccine but just not at the first opportunity. They may want to wait, to see how things play out. They may even feel that there's no urgency once our case numbers come down. But in my opinion, this is very unfortunate as it could significantly delay our path towards herd immunity. And for those people who can not get the vaccine for health reasons (or because they're too young), herd immunity is all we can do to properly protect them. So it's these folks on the fence I'd like to nudge a bit.

I certainly don't want to coerce or bully those who are reticent. But those of us who feel more comfortable with immunization can promote the benefits and safety of the vaccine and shift our community norm towards a fully vaccinated population.

### How can you help?

Here's what I suggest: once you're vaccinated or even have an appointment, let friends and neighbours know. I'd even ask you post the good news on any social media you use. After all, it should be cause for celebration once you join the ranks of the immunized "Covid-Combatants". The more we all speak about and demystify this happy event, the higher the population's comfort level will become towards it. That's a job we all can do. It will help move the needle towards normal. And the sooner that happens, the sooner we can get back to our beloved Mo-West normal: big hugs and two cheek kisses.

Elizabeth Ulin, Councillor Recreation, Culture and Communication eulin@montreal-west.ca



### AIRBNB RENTALS ARE ILLEGAL IN MONTREAL WEST

As summer approaches, and if the situation with COVID-19 improves, we may once again see tourists coming into Montreal. It is therefore important to know that, in accordance with our zoning by-law (article 2.1.9, paragraph 6), lodging establishments (hostel, hotel, motel, lodge, etc.) and rentals through Airbnb and similar platforms are not permitted in any zone in the Town.

These are businesses that provide temporary or transient lodging to the public. They are not permitted in any type of residence (single-family dwellings, duplexes, apartments and condos) or in any commercial establishment.

These short-term rentals are banned because they are not in keeping with the nature of community in our Town. They can lead to problems related to noise, lack of consideration of neighbours and garbage being strewn outside. They can change the atmosphere in a neighbourhood. In addition, they remove long-term rental properties from the housing inventory in Montreal West, either for new residents who would like to move into the Town

or for long-time residents who are selling their homes and wish to downsize.

The Town has recently been made aware of a few Airbnb rentals operating in Montreal West and has acted to notify the property owners and apply the appropriate fines.

For an individual, the fines for non-compliance range from \$300 - \$1000 for a first offence, and from \$500 - \$2000 for a repeat offence, plus court fees. For a corporation, the fines are from \$600 - \$2000 for a first offence, and from \$1000 - \$4000 for a repeat offence. If an infraction lasts more than one day, the infraction on each day constitutes a distinct infraction and the

aforementioned penalties can be imposed for each day the infraction lasts. If you are aware of an Airbnb operation in the Town, we encourage you to notify Urban Planning by completing the form "Contact Us" at the bottom right of the website <a href="https://www.montreal-west.ca/en/">www.montreal-west.ca/en/</a>. Your information will be held confidential. And most importantly, your neighbours will appreciate being able to maintain the sense of community that we enjoy in our Town.

Colleen Feeney, Councillor Finance, Administration, Human Resources and Urban Planning cfeeney@montreal-west.ca





### RAPPORT DU MAIRE

Travaux d'infrastructure à venir Avec le printemps à nos

portes, nos traditionnels travaux d'infrastructure prennent forme.

Au moment où vous lisez ces lignes, nous devrions déjà avoir lancé notre appel d'offres pour les travaux de repavage de la rue Avon, entre Westminster et le viaduc de Lachine à la hauteur de la promenade Ronald. Cela fait partie de l'entente que nous avons conclue avec le ministère des Transports du Québec et qui est liée au projet de reconstruction de Turcot. Ils apportent une aide financière de l'ordre de 600 000 \$. À l'origine, nous avions prévu de refaire la route Avon de la frontière de NDG à celle de Lachine. Mais après avoir examiné les tuyaux dans la section entre Westminster et NDG nous avons constaté que nous devrons reconstruire la route et remplacer les tuyaux. Cela nécessite toutefois une coordination avec Montréal et. malheureusement, cela ne se fera pas cette année. Cependant, nous allons re-paver la section en bas de la colline.

De plus, nous lancerons très bientôt un appel d'offres pour reconstruire Fenwick, d'Ainslie à Rennie. Ce travail est un projet typique de Montréal-Ouest: remplacement des conduites d'eau, des égouts, de l'éclairage, des trottoirs, des fondations et de la surface de la route. Comme les trottoirs de Fenwick ont déjà des boulevards, c'est-à-dire la zone herbeuse entre la bordure et le trottoir, nous avons tenu une consultation publique avec les résidents de Fenwick le 9 mars pour leur demander leur avis sur le maintien des boulevards, leur suppression d'un côté ou leur suppression des deux côtés. Les résidents ont voté pour le maintien du statu quo et les boulevards seront donc intégrés dans le projet final.

### Vitalité économique

Le 16 mars dernier, *The Gazette* publiait un article intéressant intitulé « Les banlieues des grandes villes du Québec ont la plus grande vitalité économique: étude » . L'étude, menée par l'Institut de la statistique du Québec, conclut que « les municipalités les plus saines économiquement se trouvent dans les régions métropolitaines de Montréal... »

La municipalité de la région de Montréal la mieux classée est VMR (41° au classement général), suivie de Westmount (62°) et de Montréal-Ouest (76°)! Les classements vont jusqu'à 1162. L'étude portait sur la croissance de la population, le revenu médian des ménages, le pourcentage de travailleurs, etc. Une raison de plus d'être fier de Mo-Ouest.

# Commémoration des victimes de la COVID-19

Les anniversaires sont parfois des occasions joyeuses, parfois sombres, de se souvenir de dates qui ont marqué nos vies. Malheureusement, le 11 mars en est une sombre. J'ai participé à un service sur l'île de Montréal pour commémorer les vies perdues à cause de la COVID-19.

Tout au long de cette dernière année, il y a eu quelques constantes malheureuses. Certains de nos voisins, amis et membres de notre famille sont tombés malades et certains ont perdu la vie à cause de la COVID-19. Le 11 mars, nous commémorions les plus de 10 000 décès au Québec, 22 000 décès au Canada et 2,6 millions de décès dans le monde.

Comme j'ai tendance à être optimiste de nature – et bien que j'aie parfois du mal à le rester – je vais essayer de terminer sur une note positive. Si vous vous souvenez de l'effet dévastateur que la COVID a eu sur nos vies au cours de l'année écoulée, essayez de penser à certains aspects positifs. Je n'essaierai jamais de minimiser les décès que nous avons subis en tant que communauté, en tant que ville, province, pays et de manière globale, mais essayez de vous rappeler des belles choses que nous avons gagnées. Souvenezvous du bien que vous avez vu en tant que communauté qui s'entraide. Essayez de vous souvenir des liens que vous avez créés ou renforcés avec vos voisins, vos amis et votre famille en affrontant ensemble ces moments difficiles. Et essayez de vous rappeler que nous nous en sortons. Peut-être pas indemnes, mais peutêtre plus humains.

N'oublions pas ceux que nous avons perdus et restons sur nos gardes.

Restez en sécurité et en bonne santé.

Beny Masella, maire Ville de Montréal-Ouest bmasella@montreal-ouest.ca



### PROJETS DE BÂTIMENTS MUNICIPAUX 2021-2023



En 2019, la Ville de Montréal-Ouest a reçu une subvention de la Fédération canadienne des municipalités pour élaborer et mettre en œuvre un programme de gestion des actifs municipaux. Ce programme nous a permis d'évaluer l'état physique général des bâtiments municipaux de la Ville et d'élaborer un plan stratégique rentable et efficace pour les entretenir et les moderniser.

Les objectifs principaux de ce projet sont les suivants :

- I) mettre à jour l'inventaire de nos bâtiments et de leurs composantes fonctionnelles et techniques,
- 2) effectuer une évaluation de leur état
- 3) formaliser un plan d'intervention.

En développant un plan stratégique, nous serons en mesure de mieux structurer nos investissements à court et moyen terme en matière d'infrastructure immobilière. En 2020, l'administration de la Ville a créé une nouvelle structure de gouvernance pour analyser systématiquement toutes les données recueillies sur les bâtiments afin de planifier l'entretien et la rénovation futurs.

En conséquence, les travaux majeurs de rénovation et de restauration suivants ont été identifiés et approuvés, dans le cadre du Plan triennal d'immobilisation (PTI) de la ville pour les années 2021 à 2023:

### 1) Hôtel de ville:

- ✓ Mise à jour de l'étude pour la réparation du mur de fondation
- √ Remplacement de la toiture
- √ Réparation de la maçonnerie
- √ Remplacement des escaliers de secours extérieurs (les deux escaliers)
- ✓ Rénovation de la salle de réunion intérieure

### 2) Bâtiment des travaux publics:

√ Remplacement de la toiture

### 3) Chalet du parc Edgar-Davies:

√ Réparation du mur de fondation

Maria Torres, conseillère Travaux publics et Bâtiments publics mtorres@montreal-ouest.ca



### LES LOCATIONS AIRBNB SONT ILLÉGALES À MONTRÉAL-OUEST

Bien que la pandémie ait ralenti de nombreux secteurs de l'économie, le marché du logement n'en fait pas partie. Les ventes de propriétés à Montréal-Ouest sont restées stables. Notre ville demeure un endroit où il fait bon vivre, avec des nombreuses jeunes familles ayant décidé de s'y installer. C'est non seulement une bonne nouvelle pour notre communauté, mais aussi pour les finances de la Ville.

À l'approche de l'été, et si la situation de COVID-19 s'améliore, nous pourrions à nouveau voir des touristes à Montréal-Ouest. Il est donc important de savoir que, conformément à notre règlement de zonage (article 2.1.9, paragraphe 6), les établissements d'hébergement (auberge, hôtel, motel, gîte, etc.) et les locations par le biais de la plateforme Airbnb (ou similaires) ne sont autorisés dans aucune zone de la ville. Il s'agit d'entreprises qui fournissent un hébergement temporaire ou transitoire au public. Elles ne sont autorisées dans aucun type de résidence (habitations unifamiliales, duplex, appartements et condos) ni dans aucun établissement commercial.

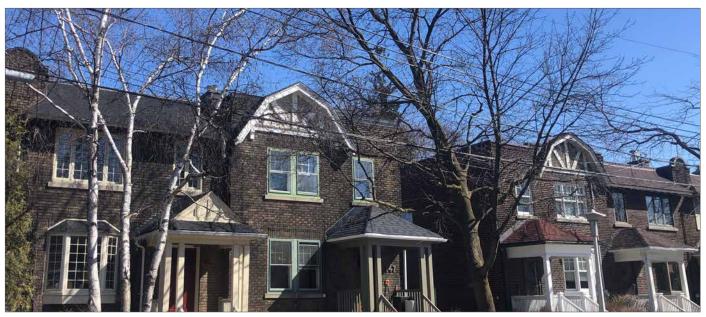
Ces locations à court terme sont interdites, car elles ne sont pas conformes à l'esprit de communauté de notre ville. Elles peuvent entraîner des problèmes liés au bruit, au manque de considération des voisins et à la présence d'ordures à l'extérieur. Elles peuvent changer l'atmosphère d'un quartier. De plus, elles retirent les propriétés locatives à long terme de l'inventaire des logements de Montréal-Ouest, que ce soit pour les nouveaux résidents qui voudraient s'installer en ville ou pour les résidents de longue date qui vendent leur maison et souhaitent s'installer dans un logement plus petit.

La Ville a récemment été informée de l'existence de quelques locations Airbnb à Montréal-Ouest et a pris des mesures pour informer les propriétaires et donner les amendes appropriées. Pour un particulier, les amendes pour non-conformité vont de 300 à 1 000 \$ pour une première infraction, et de 500 \$ à 2 000 \$ pour une récidive, plus les frais de justice. Pour une société, les amendes vont de 600 à

2 000 \$ pour une première infraction, et de I 000 à 4 000 \$ pour une récidive. Si une infraction dure plus d'un jour, chaque jour constitue une infraction distincte et les sanctions susmentionnées peuvent être imposées pour chaque jour que dure l'infraction.

Si vous êtes au courant d'une opération Airbnb dans la Ville, nous vous encourageons à en informer notre service d'Urbanisme en remplissant le formulaire Contactez-nous en bas à droite du site Web <a href="www.montreal-west.ca/fr/">www.montreal-west.ca/fr/</a>. Vos informations resteront confidentielles. Et surtout, vos voisins apprécieront de pouvoir maintenir l'esprit de communauté dont nous jouissons dans notre ville.

Colleen Feeney, conseillère Finance, Administration, Ressources humaines et Urbanisme cfeeney@montreal-ouest.ca



Let there be spring! Photo by Julia Ross



### **DEVENEZ UN COMBATTANT DE LA COVID-19**

Avec la vaccination en cours, il y a plus qu'une lueur d'espoir au bout du tunnel de la COVID-19. Depuis la mi-mars, toutes les personnes âgées de plus de 65 ans peuvent se faire vacciner, et je pense que tous les habitants de Mo-Ouest qui peuvent se faire vacciner devraient le faire dès que possible.

Personnellement, j'attends avec impatience le jour où les plus de 60 ans seront éligibles - je me rendrai directement sur Clic Santé pour réserver mon vaccin! Même si vous n'êtes pas encore éligible, je vous suggère d'aller sur le site de Clic Santé et de vous familiariser avec le formulaire qu'il vous sera demandé de remplir. Ainsi, lorsque votre groupe d'âge sera annoncé, vous pourrez rapidement prendre un rendez-vous et obtenir votre premier choix de lieu et de plage horaire.

À part vous faire vacciner lorsque votre tour viendra, que pouvez-vous faire d'autre pour accélérer le jour où la COVID ne sera plus qu'un lointain souvenir? Si la plupart des Canadiens se font vacciner dès qu'ils le

pourront, d'autres, plus sceptiques, refuseront catégoriquement de le faire. D'autres sont encore hésitants et en attente. Certaines des principales raisons qu'ils invoquent sont liées à des inquiétudes concernant les effets secondaires, la fiabilité et l'efficacité des vaccins, même si ces questions ont été soigneusement examinées au cours du rigoureux d'approbation. processus Néanmoins, des inquiétudes subsistent.

Beaucoup de ces personnes finiront par se faire vacciner, mais pas à la première occasion. Elles voudront peutêtre attendre, pour voir comment les choses se passent. Elles peuvent même penser qu'il n'y a pas d'urgence une fois que le

nombre de cas aura diminué. Mais à mon avis, c'est très regrettable, car cela pourrait retarder considérablement notre progression vers l'immunité collective. Et pour les personnes qui ne peuvent pas se faire vacciner pour des raisons de santé (ou parce qu'elles sont trop jeunes), l'immunité collective est tout ce que nous pouvons faire pour les protéger correctement. Ce sont donc ces personnes hésitantes que j'aimerais encourager.

Je ne veux certainement pas contraindre ou intimider ceux qui sont réticents. Mais ceux d'entre nous qui se sentent plus à l'aise avec la vaccination peuvent promouvoir les avantages et la fiabilité du vaccin et faire évoluer la norme de notre communauté vers une population entièrement vaccinée.

### Comment pouvez-vous aider ?

Voici ce que je propose : une fois que vous êtes vacciné ou même que vous avez un rendez-vous, faitesle savoir à vos amis et voisins. Je vous demanderais même d'annoncer la bonne nouvelle sur vos médias sociaux. Après tout, il faut se réjouir de rejoindre les rangs des « Combattants de la COVID » immunisés. Plus nous parlerons de cet heureux événement et le démystifierons, plus la population sera à l'aise avec celui-ci. C'est un travail que nous pouvons tous faire. Il contribuera à nous rapprocher d'une vie normale. Et plus vite ce sera le cas, plus vite nous pourrons revenir à nos traditions à Mo-Ouest: de gros câlins et deux bisous sur les joues.

Elizabeth Ulin, conseillère Loisirs, Culture et Communications eulin@montreal-ouest.ca



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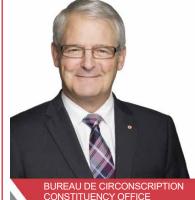
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### Children's Library

# Writing contest

The Children's Library is laying the foundation of an event. 2021 will mark the first year of the Montreal West Children's Writing Contest. Every member of the library, from grades 1 to 6, can submit a poem, essay or short story on a topic of their choice. The text can be in English or French; illustrations are not mandatory. The entries will be accepted until June 15. To participate, please pick up an envelope from the library in which to submit the text. The child's name should be written on the back of the last page to allow for a transparent process and to make sure the judging panel will evaluate the writings anonymously.

### Birdwatching

It is wonderful how many children have already picked up a bird log from the library and have started birdwatching. We have received new books in English and French to

### **HOURS / HORAIRE** Mon, Wed, Thu-Fri / lun, mer, jeu-ven: 9:30-11 am, 3:45-6 pm Tue / mar : 9:30-11 am, 3:45-7:30 pm Sat-Sun / sam-dim : 10 am-3 pm 484-7194

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> info@mwcl.ca mwcl.ca

help you with recognizing the backyard birds, distinguishing their songs, and drawing the birds on the pages of your logs. The birdwatching activity will be ongoing until May 16. Bon voyage!

Si vous avez visité la bibliothèque depuis la réouverture du 11 février, vous avez remarqué les sacs jaunes sur nos présentoirs. Chacun des sacs contient des livres documentaires, de la fiction, des albums, un film, une recette - tout ce qui est nécessaire pour organiser un voyage dans le pays de votre choix. En utilisant notre sélection, vous pourrez apprendre une foule d'informations sur le pays en question, sous plusieurs angles, et organiser une soirée thématique chez vous. La liste complète des destinations disponibles peut être trouvée sur notre site Web. L'activité se poursuit jusqu'au 30 avril - dépêchez-vous pour « visiter » un grand nombre de pays!



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**Engineering Technologist** 

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### Public Library - Bibliothèque publique





The old library building on Westminster South

The interim library on Westminster North

# Light at the end of this long tunnel

As we begin to see the light at the end of this long tunnel, the library is looking forward to spring and summer here on Westminster North. Although we have moved, we still have not forgotten our humble beginnings. We want to share with you some contrasting images, our before/after photos (courtesy of Alex Brzezinski).

We also wanted to share with you of the changes in the library. Our new goal is to be "a library like no other." **Effective April 1**, we'll be introducing several new features and services to respond to our client's needs.

### A library like no other

Check it Out! New lending policy: For each book checked out, get a free martin!! Anticipating the popularity, we've laid in a stock of 12 cases of gin and 1 litre of vermouth: We hope that you like our dry mar-

tinis! Please note that table dancing will be permitted, but only on the front service counter.

Check it Out! New reading club: relax by the fireplace or in the hot tub while you skim through our selection of magazines, fiction, non-fiction or self-improvement books. Recent additions to this area are: a polar bear rug, soft music (from our collection) and free mulled wine.

Check it Out! New outdoor reading garden, planned for spring. After consulting with the Olympic Installation Board on plans for a retractable roof, we have decided to install an outdoor garden. It will feature a large selection of decorative plants and comfortable garden furniture, "borrowed" from residents. Please note that volunteer borrowers will be needed to work from 2 am to 4 am for a limited time: must be willing to move quickly while carrying heavy objects.

Check it Out! Make sure that your membership is up to date so that you may benefit from all of our new features and services.

As the library has been looking to the future, we have also been looking at our past. We have been able to look through some of our archives and we have found gems like this above written by Ed Sherrard, April, 2003; we hope this brings a smile to your face.

### Public Library: 481-7522

Reservations/requests: mwlib.requests@gmail.com

Visit us online at: mwpl.ca



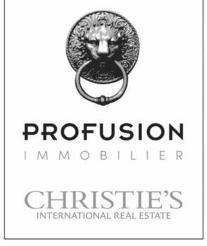
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### Community Centre

### National Volunteer Week April 18-24

THE VALUE OF ONE • THE POWER OF MANY • VOLUNTEERS BRING CHANGE

A special thank you to all the volunteers who joined the Senior Outreach Program and who continue to bring positive change to our community.

- The value of one person picking up groceries for another
- The power of many people creating better home support services
- The value of one person calling another to check in
- The power of many people working to prevent social isolation

Thank you.

The Recreation Department



### La semaine de l'action bénévole du 18 au 24 avril

LA VALEUR DE CHACUN · LA FORCE DU NOMBRE · LES BÉNÉVOLES, SOURCE DE CHANGEMENT.

Remerciement particulier à ceux qui ont joint notre programme de Soutien aux personnes aînés et transforment positivement notre communauté.

- La valeur de chaque personne qui fait les emplettes pour une autre
- La force des nombreuses personnes qui créent de meilleurs services de soutien à domicile
- La valeur de chaque personne qui prend des nouvelles d'une personne seule
- La force des nombreuses personnes qui d'efforcent de prévenir l'isolement social

Merci!

Le service des Loisirs

### **Spring recreation programs**

The Town fitness programs will be starting beginning of April, so if you have not registered for your online classes, go to Amilia and sign up. Keep your body and mind strong and healthy during this pandemic.

## Spring session begins April 12. There are still spots available:

Virtual Fitness classes: Reach, Strong, TRX, Gentle Yoga, Yoga for Stiff Men, Adult ballet, Yogalates, Older Adult Balance, ZUMBA, Essentrics, Stretching, 65+Fitness, Ballet and pre-ballet with **Ms Shirley.** 

For info: montreal-west.ca or 484-6186.

# EGG Hunt in the Park Sunday, March 28

Free! Families must register on Amelia to participate. Spaces are limited, Montreal West residents only.

# EGGcellent Art around Town March 27-April 5

Anyone can join the EGGcellent Art! Check out Town merchants, too!

Get out your paint, markers, crayons and craft materials or anything else you may need to get creative. Decorate your windows, door, sidewalk, trees or yard for all to see.

Submit your images of your EGGcellent Art or what you find on your walk around Town to the Town website or contact **Kailin** at **484-6186**.

### 50+ Club

### March

30 Senior Discovery Tours Ruby Simard. 1 pm



### **April**

- 8 Stunning British Colombia and the Rocky Mountains. Frederic Hore. 1:30 pm
- **13** Time, a History. **Bruno Stenson**. 1 pm

### We're all in this Together

Check out the *Senior Action Quebec & ELAN*. Episodes 1-7 available on their YouTube page.

Information email: recreation@montreal-west.ca or call **Kailin** at **484-6186**.

# April 14 & May 5

\$40 for the initial visit, \$35 for subsequent visits by appointment only

### Kosher corner

### **Passover**

The eight-day Jewish holiday of Passover is celebrated in the early spring, from the 15th through the 22nd of the Hebrew month of Nissan, March 27-April 4 this year.

Passover (Pesach) commemorates the emancipation of the Israelites from slavery in ancient Egypt. Pesach is observed by avoiding leaven, eating matzah and retelling the story of the Exodus.

On the first two nights of Passover, we hold a Seder. After candles have been lit, we enjoy a ritual-rich 15-step feast, which centres around telling the story of the Exodus. Some highlights include: drinking four cups of wine, dipping veggies into saltwater, children asking the Four Questions (Mah Nishtanah), eating matzah and singing late into the night.

For a wealth of resources on holding a seder at home, including a printable ha-

gadah and Mah Nishtana trainer, visit chabadwestminster.com/passover!

### **Yizkor**

On the last day of Passover we traditionally say the Yizkor remembrance prayer for loved ones who have departed.

While synagogue attendance is an important element of Yizkor, it is not a requirement when it is not possible. This year, we will all recite Yizkor privately at home, secure in the knowledge that that is what G-d wants from us right now, taking comfort in knowing that our loved ones would surely want us to stay safe (Note that this is not the

case for Kaddish, which may not be recited privately).

For a copy of the Yizkor prayer or a Yizkor candle please call Rabbi Mendy Marlow at 632-9649.

from Rabbi Marlow



### News from the pews

### **MW** United

...the brick one

### Palm Sunday, March 28

Our choir will be presenting a choral service on Palm Sunday as usual. We practise alone, record one's own part alone and send it to the Master to mix into a melodic and thoughtful presentation. **Samantha Borgal**, our music director has a lot of faith in us all. And it works.

### **Glorious Easter**

This year, we are reviving our tradition of placing Easter plants in the chancel in memory of loved ones. That plus the Minister's message and the music makes the very best of the situation.

## Christian Jewish Dialogue of Montreal

There is a group of people who meet to develop understanding and to invite sharing of spiritual experiences. As a part of this group, MW United will be the location of a shared worship service, premiering Sunday, April 11 at 10 am, but available after that as well. This is Yom HaShoah or Holocaust Remembrance Day so we will bring together a number of guests and officials. We are all looking forward to this. Search for our church online to find it. Come celebrate the history, the similarities and the diversity.

### Are you still MDW-ing?

That's Masking, Distancing, Washing! Good on you if you are. By now some have been poked with the vaccine, but until the "whole herd" is immune, it's still MDW. And yes, we are still doing virtual services only, and likely will be until the fall.

### Until the fall?

It will be a while before vaccines and lessened restrictions can become effective, let alone comfortable. Plus some adaptations may be needed in the sanctuary, (e.g. possibly screens), the fall seems the wisest plan. Stay tuned....

### Consider the Labyrinth...

This pandemic is something like a Labyrinth. Consider that you have been walking in, patiently following the winding single pathway for a while – getting nearer your goal and then farther from it by turns. Perhaps you are now nearing the centre where you'll get your vaccination. Following that, you begin the return trip back out, retracing your steps. No way to know how long it will take, but it will give you time to re-frame your priorities, your endeavours, your relationships upon your return to the

real world. We know that things will not be exactly as we left them – but the same is true of us. We must trust that life will continue to evolve, and we along with it.

### **Zooming along**

Sunday school and fellowship time continue on Zoom along with our online service Sunday mornings. If you need any links let Vicky know at the office (482-3210) and they can be emailed each Sunday morning.

Enjoy the promise that spring and Easter bring even while MDWing.

from Susan Upham

# St Ignatius of Loyola

Please join us at St-Ignatius to celebrate Easter!

Whether it be online (stig.ca) or in church, our team is actively working to make Holy Week and Easter a beautiful and significant experience for all. For the Easter Triduum, there will be one live stream service each day on YouTube. (See list below)

In addition to the live streams, we'll have three opportunities for socially-distanced visits to the church itself:

- 1. On Palm Sunday, you can come pick up palms after mass from 11 am to noon.
- After our 3 pm Good Friday live-stream, we invite you in person for prayer, veneration of the Cross and Confessions. Church doors will be open from 5 to 7:30 pm.
- 3. On Easter Sunday, the most joyful day of our Christian calendar, we hope you will join us in large numbers outside the church for communion and veneration of the Holy Eucharist, from noon to 3 pm.

The specific times of our two evening services (Holy Thursday and the Easter Vigil) will be decided later, depending on curfew restrictions.

Given the uncertainty in the way our church will be allowed to gather and celebrate during the ongoing COVID-19 quarantine, we invite you to sign up on our website (stig.ca) to stay informed of any changes in the schedule of our services and to receive the link for the livestream events beforehand.

Until then, we continue to pray for you and your faith journey.

#### March 28

Palm Sunday mass (livestream), 10 am. Church open for Communion and Palms, 11 am to noon.

### April 1

Holy Thursday: evening mass (livestream). Time to be announced.

### April 2

Good Friday service (livestream), 3 pm.

Church open for Adoration of the Cross, 5 to 7:30 pm.

### April 3

Easter Vigil evening mass (livestream). Time to be announced.

### April 4

Easter Sunday mass (livestream), 10 am. Church open for Communion and Adoration of the Holy Eucharist, noon to 3 pm.

from Rebecca Malone

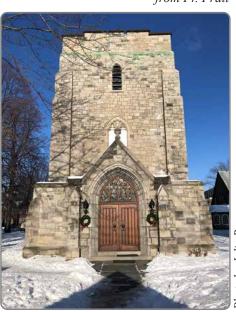
### St Philip's

As pandemic restrictions continue, Holy Week and Easter will once again be entirely virtual. Wednesday, March 31 at 7:30 pm, we will have an online version of our usual Tenebrae service, with psalms, responsories and readings for a meditation on the Passion. Good Friday, April 2 at noon will be an online Good Friday liturgy, with the St John Passion, Solemn Intercession, and Reproaches. We will have one service on Easter Sunday, April 4 at 10 am, Choral Mattins with Sermon. The links for all services will be on our Facebook page, or email the church at office@stphilipschurchmontreal.ca.

We hope to be able to resume in-person worship in May or June. But some people love the online worship so much that it will continue even after we return to the church building.

We have taken advantage of the shutdown to do some renovations. Our Memorial Hall is freshly painted, with new LED lighting, and is ready to welcome back ballet classes, Tai Chi, other community groups, and (we hope) our Christmas Bazaar in November.

from Fr. Pratt



hoto by Julia Ross

### Town Council meeting: February



by Carol Foster

Referring to a previous special council meeting held in February, the Mayor reported that the Town had been ap-

proved to spend up to \$5,000 for a lawyer who will be representing the demerged towns in a case brought forward by Beaconsfield against the Agglomeration of Montreal in which all the other towns are named as interested parties.

### Councillors' reports

Councillor Feeney reported that the list of all contracts signed in 2020 is now posted on the Town's website. The first list contains contracts which involved sums of \$25,000 or more. The second, required by the City and Towns Act, is a list of all other contracts of \$2,000 or more which over the year amount to a total of \$25,000.

A review of the \$1,087,780 expenditures in February showed that administrative expenses took up the largest part, amounting to almost 25 percent of this total. The requirements of the Public Works Department were the next biggest item and included \$123,000 to keep the streets and sidewalks clear and safe.

PAC had a full schedule in February and issued 16 permits from the applications received. Many more are expected to be received in March.

The Seniors' Advisory Committee continues its work on implementing the Plan of Action and volunteers are now distributing COVID-19 vaccine information as well as groceries to seniors as part of the Outreach Program.

The amount of snow so far this year has already reached the average total accumulation for the entire season according to **Councillor Torres**, and winter is not yet over. Public Works staff dealt with remov-

ing ten days of snow accumulation in the past month and the regulations in effect during this process were again emphasized.

Councillor Mazzone reported a quiet month in February in which the curfew kept everyone indoors except for a few lone dog walkers. Increased compliance with the regulations during snow removal was evident as only one car had to be towed. Some merchants, whose businesses have been shut down due to COVID-19 restrictions, had to be reminded of the new date for garbage pick-up. A catalytic converter was reported stolen from a parked vehicle and two complaints from homeowners concerning snow being dumped on their property from adjoining properties were received.

In Councillor Ulin's absence, the Mayor delivered her report in which she assured residents that the top priority now for the recreation staff is making plans for the opening of the summer camp providing COVID-19 regulations allow it this year. Details will be available as soon as possible.

The annual Cottontail Party will be replaced by an Easter egg hunt in the park and the pop-up events continue at the rinks. Senior Discovery Tours will be reviewing the travel situation for the seniors' group on March 28. Details for all these events will be available on the Town's website.

Councillor Ulin expressed her thanks for all the appreciation being shown for the Recreation staff efforts to make so many winter activities available in the Town.

All of the councillors reminded residents that they were always free to contact any one of them with questions or concerns via emails or phones.

### **Question period**

A number of residents were very interested in learning that the Environmental Committee is recommending that the Town

support the planting of pollinator-friendly plants to support biodiversity. They urged Council to seriously consider this proposal and, in addition to planting on Town property, it was suggested that residents could also be given some guidance on what to plant in their own yards.

Councillor Torres was appreciative of the enthusiastic support as well as some of the valuable suggestions being offered. The committee's report is not yet complete, but might be presented to Council by the end of March and more information will then become available.

The COVID-19 regulations continue to be a much-discussed topic. One resident asked if any of the variants have been detected in Montreal West. The Mayor replied that this information is not made available to the Town. Several other residents reported seeing people not wearing masks and not keeping the social distancing requirements. Councillor Mazzone acknowledged that these were legitimate concerns but, explained once again, that the PSOs can only attempt to educate people but are not authorized to enforce these regulations. He suggested the community has to work together to encourage compliance. The Mayor added that enforcement is left up to the SPVM.

The traffic situation at the Avon/West-minster and Avon/Ronald intersections was again under discussion with several suggestions put forward. Both the Mayor and Councillor Mazzone pointed out that that configuration will be seriously studied and changes can be made once the Town is in possession of the traffic lights.

Traffic problems, on Westminster were also brought up. Councillor Mazzone stated that there are no plans to install more traffic lights or stop signs on that street. Traffic violations should be reported to the police. However, the zebra stripes street crossing indicators which tend to fade during each season are always repainted in the spring.

Question period was liberally sprinkled with many messages of thanks for both the efforts the Recreation staff have put into providing so many outdoor winter activities as well as the dedication shown by the Public Works staff who continually do such a good job of keeping the streets and sidewalks free of ice and snow.

An item on the agenda, under Administration and Finance, included the refinancing of loans in the amount of \$1,373,000. These were loans taken out previously which had a five-year instead of a ten-year due date attached. The choice of the shorter term gives the Town the opportunity to either partially pay down the amount or to renegotiate these loans at better price.

The meeting was then adjourned.



### Réunion du Conseil : févier



par Carol Foster traduction par René Boucher

En référence à une précédente réunion spéciale du Conseil en février, le maire a

indiqué qu'une dépense pouvant atteindre 5000 \$ avait été approuvée pour défrayer un avocat qui représentera les villes liées dans la cause de Beaconsfield contre l'agglomération de Montréal et où toutes les autres municipalités sont nommées à titre de parties intéressées.

### Rapports des membres du Conseil

La **conseillère Feeney** a rapporté que tous les contrats conclus en 2020 sont maintenant répertoriés sur le site Web de la Ville. Une première liste contient les contrats de 25 000 \$ ou plus et une seconde, requise par la Loi sur les cités et villes, est un relevé de tous les autres contrats de 2000 \$ ou plus et qui, au cours de l'année, totalisent plus de 25 000 \$ avec un même contractant.

Des 1087780 \$ déboursés en février, la plus grosse partie, près de 25 %, représentait des dépenses administratives. Les Travaux publics venaient en deuxième lieu et incluaient 123 000 \$ pour garder nos rues et trottoirs dégagés et sans danger.

Le CCU avait un agenda chargé en février, approuvant 16 permis parmi les demandes présentées. On en prévoit encore de nombreuses autres en mars.

Le Comité consultatif des aînés poursuit le travail de mise en œuvre du plan d'action et des bénévoles distribuent présentement de l'information sur la vaccination COVID-19 ainsi que des provisions dans le cadre du programme de soutien aux aînés.

Les chutes de neige à ce jour ont déjà atteint le niveau moyen total pour toute la saison selon la **conseillère Torres**, et l'hiver n'est pas encore fini. Les Travaux publics ont dû retirer dix jours d'accumulation au cours du dernier mois. Mme Torres a encore insisté sur les règlements en vigueur pendant ces opérations.

Le conseiller Mazzone a fait part du calme de février alors que le couvre-feu a gardé les gens à l'intérieur sauf pour quelques marcheurs avec leurs chiens. Le plus grand respect du règlement concernant le déneigement était évident, un seul véhicule ayant été remorqué. On a dû rappeler le nouveau jour de collecte des ordures à certains commerçants dont les portes étaient fermées en raison des restrictions dues à la pandémie. Un convertisseur catalytique a été rapporté volé d'un véhicule en stationnement et deux plaintes ont été reçues de propriétaires pour de la neige provenant de terrains voisins déposée sur leur propriété.

Le maire a livré le rapport de la conseillère Ulin vu son absence. Elle y assurait aux citoyens que la grande priorité du personnel des Loisirs est la planification pour l'ouverture du camp d'été, pourvu que la pandémie le permette cette année. Les détails seront diffusés dès que possible.

Une chasse aux œufs de Pâques dans le parc remplacera la fête du Lapin annuelle et les événements pop-up se poursuivront aux patinoires. Senior Discovery Tours reverra la situation du voyage avec le groupe des aînés le 28 mars. Les détails de tous ces événements se trouvent sur le site Web de la Ville.

La conseillère Ulin a exprimé sa reconnaissance pour les marques d'appréciation envers le personnel des Loisirs en raison des efforts déployés visant à offrir autant d'activités hivernales dans la ville.

Tous les membres du Conseil ont rappelé aux citoyens qu'ils pouvaient toujours les joindre avec leurs questions ou préoccupations, par courriel ou par téléphone.

### Période de questions

Bon nombre de résidents ont manifesté leur intérêt dans la recommandation du comité sur l'environnement voulant que la Ville appuie l'utilisation de plantes attirant les pollinisateurs pour soutenir la biodiversité. Ils ont incité le Conseil à considérer sérieusement cette proposition et, en plus d'en planter sur les terrains publics, il est suggéré d'offrir des conseils aux citoyens sur quoi planter dans leurs propres jardins.

La conseillère Torres s'est dite reconnaissante de l'appui enthousiaste ainsi que des précieuses suggestions offertes. Le rapport du comité n'est pas encore complet, mais il sera possiblement déposé auprès du Conseil pour la fin-mars et de plus amples renseignements deviendront alors disponibles.

réglementation concernant la COVID-19 demeure un sujet chaud. Une résidente a demandé si des variants du virus avaient été détectés dans la ville. Le maire a indiqué que la Ville n'a pas accès à cette information. Plusieurs autres citoyens ont rapporté voir des gens qui ne portent pas de masque et ne respectent pas la distanciation sociale. Le conseiller Mazzone a reconnu la légitimité de ces préoccupations, mais a à nouveau expliqué que les ASP ne peuvent que tenter d'éduquer les gens, n'ayant pas l'autorisation de faire observer ce règlement et il a suggéré que la communauté doit travailler ensemble pour en favoriser le respect. Le maire a ajouté que le SPVM est responsable de l'application de cette règle.

La circulation aux intersections Avon/Westminster et Avon/Ronald a fait l'objet de plusieurs suggestions. Tant le maire que le conseiller Mazzone ont indiqué que cette configuration serait l'objet d'une analyse sérieuse et que des changements pourront y être apportés lorsque la Ville sera propriétaire des feux de circulation.

On a aussi soulevé les problèmes de circulation sur Westminster. Le conseiller Mazzone a déclaré qu'il n'est pas dans les plans d'y ajouter des feux de circulation ou des arrêts obligatoires. Les infractions à la circulation doivent être signalées au SPVM. Les zébrures sur le pavage indiquant les passages piétonniers ont tendance à s'estomper avec le temps et sont repeintes chaque printemps.

Des messages de remerciements à l'endroit du personnel des Loisirs pour ses efforts visant à offrir autant d'activités hivernales de même ainsi que d'autres adressés aux Travaux publics qui accomplissent un excellent travail pour déneiger et déglacer nos rues et trottoirs sont apparus tout au long de la période de questions.

Un point à l'ordre du jour, sous Administration et Finances, incluait le refinancement d'emprunts de 1373000 \$. Ces emprunts contractés antérieurement venaient à échéance au bout de cinq ans plutôt que dix. Le choix d'une échéance plus courte offre à la Ville l'occasion de repayer partiellement la somme due ou de renégocier à meilleur compte.

La séance était ensuite levée.



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cashew cream cheese.
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Spring is arriving on Fairfield Crescent. An icy March sunset on Dave Reid Park. Photos by Julia Ross

## **COMING EVENTS /** À VENIR

Please call the editor: Heather at 489-7022 or e-mail: montrealwestinformer@gmail.com

Next deadline: April 7

### March

- Sun 28 Palm Sunday mass (livestream). St. Ignatius.10 am. Church open for Communion and Palms, 11 am to noon.
- Sun 28 Choral Palm Sunday service. MW United. premiering 10 am.
- Wed 31 Tenebrae (Service of Darkness), online. St. Philip's. 7:30 pm.

### April

- Thu 1 Holy Thursday: evening mass (livestream). St. Ignatius. Time to be announced.
- Fri 2 Good Friday Liturgy, online. St. Philip's. noon.
- 2 Good Friday service (livestream), 3 pm. St. Ignatius. Church open Fri for Adoration of the Cross, 5 to 7:30 pm.
- 2 Good Friday service. MW United. Premiering at 7 pm. Fri
- 3 Easter Vigil evening mass (livestream). St. Ignatius. Time to be Sat announced.
- Sun 4 Easter Sunday service. MW United. Premiering at 10 am.
- Sun 4 Easter Choral Mattins, online. St. Philip's. 10 am.
- 4 Easter Sunday mass (livestream). St. Ignatius. 10 am. Church open Sun for Communion and Adoration of the Holy Eucharist, noon to 3 pm.
- Sun 11 Christian/Jewish service. MW United. Premiering at 10 am.
- 17 The Rotary Club of Montreal West and NDG will be hosting a virtual Sat Comedy Night with Joey Elias. Tickets are \$35 per household. For more information or to book tickets, please email tblouin@actionsportphysio.com. 7 pm.
- Mon 26 Town Council meeting. Online at: facebook.com/montrealwest. 8 pm.



Ongles, Coiffure, Esthétique

Pedicure, Manicure, Waxing, Nail Gel, Acrylic Nails, Hand Paint Design, Eyelash Extensions, Make up, Unisex Hair Styling, Colouring, Highlights, Perm, Hair Straightening, Hair Up Do's

> Monday - Saturday 55 avenue Westminster Nord

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# **Montreal West Dentistry**

Dr. Shaat · Dr. Drummond · Dr. Afshin · Dr. Craig · Dr. Diamandis





It's a family atmosphere here and the staff are all warm and friendly and truly care about you. Top notch! - Joe F.

### 514.484.0521

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