# ENTORIAR.

**Montreal West Viewspaper** 

April 2018, Vol. 46, No. 3

# New traffic control measures come into effect this spring

by Loof Lirpa

The newly formed Traffic and Safety Committee, modeled after the successful Planning Advisory Committee, has devised a creative scheme for traffic control that will reduce the speed and volume of through-town traffic on side streets.

The idea is to make all north and south side streets in Montreal West one-way, with the direction changing every block. Therefore, no car will be able to drive straight up or down a street without changing streets every block in order to continue in a north or south bound direction. This will slow traffic measurably and frustrate drivers using the Town's side streets as thoroughfares, more or less compelling them to remain on Westminster.

According to a source close to the matter, the changes will come into effect early spring and signs will notify drivers that new traffic restrictions are in effect. The change will be supported by intensive police surveillance with officers handing out warning tickets for the first two weeks, then regular tickets thereafter. It is fully expected that with these new measures, coupled with the speed bumps that are virtually everywhere, nobody will ever want to drive through Montreal West side streets to get where they are going.

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Sophia Morissette, Steve Morissette and Olivier Aubin-Mercier, a UFC fighter who was a special guest for the end of season presentation last year

# Steve Morissette: learning the proper way to fall

by Maurice Krystal

The bell didn't work so I had to use the old fashioned lion's head knocker that's common in our Town. **Steve Morissette** greeted me with a crutch under one arm, but this was not unexpected as he warned me he injured his knee a few days earlier. We said our hellos and quickly got down to business at his dining room table. I was here because he volunteers to give judo classes for youngsters at the gym at nearby Elizabeth Ballantyne School for the *CRA*.

Born and raised in Sept-Iles he took judo classes at the Académie de judo in the North

Shore town and obtained his brown belt. He regretted not reaching the black belt level before heading off to Quebec City at 18 to study police technology. As part of his training in Quebec City and then in Nicolet, he took jujitsu and judo. At the same time he was in the navy reserves and injured his knee while going through an obstacle course during training.

He was hired by the Montreal Police in 1999 and is at present a Sergeant at Station 11 in NDG. In 2001, he reinjured the same knee.

continued on page 9

### INFORMER

### 10 Westminster North Montreal West, Quebec H4X 1Y9

The Informer's role is to provide MoWesters with information about their Town and its citizens in order to foster the small-town, close-knit atmosphere that makes Montreal West a special place in which to live.

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> **NEXT ISSUE DEADLINE** April 11

### **Empty Bowls**

### Two fundraisers in April

Ine NDG Food Depot will host its 3rd annual Empty Bowls event Saturday, April 7! For \$25, while the choose a beautiful, handmade bowl donated by Quebec potters and enjoy. lightful spring event that brings the community together to raise funds and awareness of poverty and hunger.

Come join us at the NDG Food Depot's NEW location at 6150 Somerlet between 11 am-3 pm.

If you have any questions, please email **Bonnie Soutar** at developpement@depotndg.org.



Congregation Dorshei Emet's 12th annual Empty Bowls fundraiser has a new venue this year! Please join us Sunday, April 22 from 1-3 pm at the Snowdon YM-YWHA, 5400 Westbury Ave. A different location, but

the same wonderful event: tasty soup/bread served in the handmade bowl of your choice! Many of the bowls were decorated by children from Dorshei Emet, Akiva School and the Y's March break day camp as well as adults at Atelier d'art Métèque.

by Samantha S

Your \$25 donation helps support the Hanukkah Food Basket Fund at Dorshei Emet.

Please check out our other events taking place this month on Facebook page:

emptybowlsmontrealbolsdupartage.

### IODE

### **Eileen Reid Motton retires after 74 years of service**

At the 74th general meeting, the IODE HMS Victory Chapter honoured Eileen Reid Motton who is retiring as the chapter treasurer and the representative of Quebec for the national advisory council.

In 1944, 16-year-old Eileen joined the Junior Chapter of HMS Victory that met at the home of her future mother-inlaw, Olga Motton, in MoWest.

Eileen has been a dedicated and enthusiastic member and has held every office, including 20 years as president. She has agreed to stay on as honorary treasurer, thus allowing members access to her great body of knowledge and expertise.

A beautiful cake, supplied by Emma Boutique Gourmande, was shared to celebrate and thank Eileen for her outstanding contribution to IODE.

### Reports

Reports were tabled regarding the Ste. Anne de Bellevue Veterans' Hospital. When Quebec took control of the hospital from the federal government, the same level of service and care was expected. Unfortunately, this was not the case for



Janet Dimock, Moira Bettinville, Heather Ferguson, Nadine Fenton, Eileen Motton, Janet King. Absent: Barbara Marshall, Karen McElligott, Lynn Moorhouse, Claudette Hall

some veterans who were transferred to areas where individual patient lifts were unavailable. thereby limiting their mobility. This equipment, costing \$1,500 per unit, is used to transfer disabled persons, for example, from bed to wheelchair. To alleviate some of the financial burden on the hospital, the IODE HMS Victory Chapter has contributed \$7,000 towards this important endeavour.

Heather Ferguson, citizen officer, reported that 5791 volunteer hours were performed by Chapter members in the past year.

Education officer Nadine Fenton reported funds were sent to our adopted elementary class at Henry Gordon Academy in Cartwright, Labrador for the purchase and installation of a new HP Chromebook. Hand knitted wool tuques, mitts and school supplies were also sent to the students; they are always well re-

from Moira Bettinville

### St. James Literary Society

# A Democratic Deliberation on Sleeping Pills - Why Sex and Gender Matter

Tuesday, April 24, 7:30 pm. John Simms Community Centre



Dr. Cara Tannenbaum is the Scientific Director of the *Institute of Gender and Health* at the *Canadian Institutes of Health Research*. She is a practising physician and professor in the faculties of medicine and pharmacy at the Université de Montréal, where she holds the Chair in Pharmacology, Health and Aging. She has a productive program of research focusing on sex and gender differences and patient education all in the area of

drug safety. She currently leads the Canadian Deprescribing Network and is the recipient of several prestigious awards.

Making an informed choice is a right that everyone has prior to initiating drug therapy. In order to prevent and reduce reliance on medications, patients should be informed about the sex and gender-related factors that lead to persistent prescriptions and be made aware of non-drug approaches in managing sleep and anxiety. This presentation will explain how historical, social and medical influences have shaped the way sleeping pills have evolved as a form of chemical coping.

After reviewing the evidence-based harms associated with sleeping pills, the audience will be asked to weigh in on potential policy changes that could be implemented to reduce the overuse of these medications in Canada.

Reservations essential (**484-0146**); \$12 for non-members.



Above: Edinburgh students at St. Patrick luncheon. Below: June Gray and Emily Girolamo.

### St. Patrick's Day

The Town Hall was the venue for the St. Patrick's luncheon on March 16.

Students from Edinburgh helped serve and did history trivia about St. Patrick for the group. Teacher Mrs. **Helen** and **Jagdeep Trehin**, spiritual community animator of the EMSB assisted. The group also enjoyed stew from *McKibbins* and live music!





# Paul Doyle:

### Irishman of the year 2018

Paul Doyle's grandfather J.A. Doyle emigrated from Cork, Ireland and settled in Nova Scotia where Paul's two older siblings were born. Paul was the first of the Doyle family to be born in Montreal where he has lived all of his life. He and his wife Lynn Lonergan have been residents of MoWest for more than 30 years.

He is a graduate of Loyola College with a Bachelor of Arts degree. He attended St. Joseph's Teacher's College and obtained a Bachelor of Education degree. He began his teaching career at Chomedey Catholic HS. He served for 20 years as President of the North Shore Principal's Association.

Paul has always been active in sports including football with the NDG Junior Maple Leafs and then the Lakeshore Flyers, culminating in winning the Canadian



Intermediate Championship. He later signed a contract with the Saskatchewan Roughriders.

He is a member of the MW curling club, twice winning the Senior Club Championship. He has served for over 25 years on the board of directors of the St. Patrick's Society. He is a founding member of the Society's annual charitable golf tournament. While chairing the tournament, well over \$250,000 has been raised for the good works of the Society. Dedication runs in the family as his wife Lynn was the first female president of the St. Patrick's Society.

Paul is a proud father and grandfather and is deeply touched that so many of his family and friends have travelled from near and far to celebrate with him.

The MoWest community joins in to offer Paul its congratulations on being nominated Irishman of the Year for 2018 and we extend him "the luck of the Irish."



from Dave Dubeau

### Rotary

### **NAKUSET, Woman of the Year 2014**

On Thursday, February 8, our speaker was **Nakuset**, the executive director of *The Native Women's Shelter of Montreal*. She is a Cree, originally from Lake Rouge Saskatchewan, and was named Woman of the Year in 2014 by the *Montreal Women's Council*. In her talk, entitled The Challenges of Education for Urban Indigenous People, she said it came down to Indigenous values versus settler values.

She said the Indian Act of 1876 was detrimental to her people and forced them to become dependent on the white people. She used the example of the buffalo to show her point. Her ancestors were dependent on the buffalo, but the buffalo were wiped out and the natives were forced onto reservations. She talked about the Indian pass, without which nobody could leave the reserve, and how obtaining a pass was not easy.

Nakuset talked about the residential schools and how trucks would be sent out to round up the children and take them off to school. This only stopped in 1996. The students' hair was cut, they lost their culture and language and were often malnourished. They even had to change their names. Sexes were separated and they came home only for the summer and would not even talk to their parents in their native language because it was not allowed to in school. Many of these children had post traumatic stress disorder and males had a harder time. Drug and alcohol abuse was and still is rampant. Many committed suicide.

### The Big Swoop

Social workers went out during the 1970s to find families to adopt native children and Nakuset went from Thompson,

Manitoba to a Jewish family in Montreal. She said 85% of theses adoptions failed because the children could not keep their culture. She said she could speak more Hebrew than Cree. She said she was an apple, red on the outside but white on the inside. She quoted Louis Riel: "My people will sleep for 100 years, but when they awake, it will be the artists who give them their spirit back".

She said she got her Indian status back and then mentioned that native women are more likely to suffer a violent death than other women in Canada, and the shelter has set up the Iskweu Project that aims to reduce and ultimately eradicate the number of missing and murdered Native women.

### Saturday, May 12 - Lobsterfest

The T. Peter Webster Memorial Lobster Festival, sponsored by the *Rotary Club of Montreal Westward* will take place on Saturday, May 12 at 6:30 pm at the Arena.

The cost for this all you can eat event is \$90 per person, with children 16 years and under half price and 8 and under free as long as the children are accompanied by an adult. In 2017 we were able to give tax receipts of \$50 for each ticket we expect the amount to be about the same this year.

We serve wonderful lobster as well as boeuf bourguignon, salad and dessert. There will be a variety of other foods, as well as a cash bar serving a variety of beers, wines and other alcoholic beverages along with soft drinks and juices. There will be a silent and a live auction and a raffle draw.

The event is a fundraiser for local and international Rotary charities. Locally, we are supporting the *NDG Food Depot* by



sponsoring cooking classes. We also support MW Canada Day, Royal West science fair, YMCA Strong Kids as well as many others. Internationally we are helping a Rotary Club in Peru that gives free medical/dental clinics through volunteer doctors and dentists. For many years we have supported CYMA, Canadian Youth to Armenia: young people rebuilding schools and hospitals. We support the Rotary Foundation that gives scholarships and works with the World Health Organization on polio eradication.

Please join us. This is a fun family event which has been my favourite over the years. It is limited to 400 tickets and usually sells out. Hope to see many of you there. Please contact me for tickets.

from Doug Yeats doug@westendpiano.com





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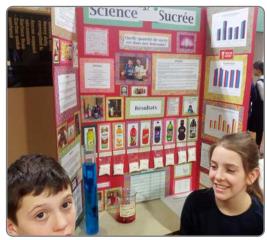
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### Eginburgh School

# **Edinburgh's science fair**



Béata Johnson pour le projet L'effet du sel sur la glace



Roman Bordo et Clara Bordo pour le projet La science sucrée



Edinburgh Elementary School held its annual science fair on March 14. Stu-

dents from cycle 3 (grades 5 and 6) presented their projects to their peers and the community.

Over 60 projects were presented covering a variety of themes in science and technology. Congratulations to all the participants.

We would also like to acknowledge the work and dedication of our science teacher **Mr. El Hama** who has been organizing the science fair and the robotics club for a number of years.

Our robotics team will be competing in the robotics championships once again this year.



### Gardens of the True North, Strong and Free

The *Horticultural Society*'s guest speaker for April will be **Mark Burleton**, Manager of grounds and greenhouses with the National Capital Commission in Ottawa.

Born and educated in England, Mark Burleton has been working in horticulture for over 40 years, specializing in heritage landscape and tree management. He has held prestigious head gardener positions in England and Scotland and has lectured at numerous horticultural colleges. At the Imperial College of London he collaborated

with some of the world's best ecologists on research projects. After the violent 1987 wind storm in England and the ice storm here in 1998, he was consulted for his knowledge in tree management. Burleton came to Canada in 1996 to work as head gardener on a private estate in Quebec from which he applied for Horticultural Manager of Official Residences and began, in his words, "the best horticultural job in Canada." He has been at the N.C.C. for 16 years.

Mark manages the horticulture and landscape portfolio for the six official residences of the N.C.C., including Rideau Hall. His talk will be on the gardens of the official residences. The presentation takes place at the Town Hall, Monday, April 16 at 7:30. Everyone is welcome. Admission for non-members is \$5.

### **MW Tennis Club**

Soon, the courts will be opened for what has been forecast to be a warmer summer than normal. Time to think about getting new strings on the racket, maybe even replacing those worn out tennis shoes.

The MWTC offers tennis for fun, junior and adult tennis lessons, friendly round robins and competitive play. MWTC is very excited to offer the online registration process Amilia. Most families registering for Town activities are familiar with Amilia and we encourage you to use it when it becomes operational by the end of March for tennis.

Simply access the montreal-west.ca site, under Recreation and Culture / Registration. The MWTC will have a tennis section where you register all your information. Since this is the first year using the system, registration by paper and cheque will still be accepted.

See you on the courts!

montrealwesttennisclub.ca





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### Royal West



### PDQ 9 : Relations amoureuses saines et prévention des drogues

Les agents sociocommunautaires du PDQ 9, **Andrew Iacovella** et **Marie-Christine Nobert**, ont amorcé la tournée des écoles secondaires du secteur à Royal West Academy en rencontrant en février plus de 375 jeunes de 13 à 15 ans.

La première partie de la conférence portait sur les dangers et les conséquences reliés à l'alcool, au cannabis, au fentanyl et autres drogues de rue. Le but était de mieux outiller les jeunes et leur faire connaître les conséquences du calage d'alcool, de la consommation en bas âge de cannabis ainsi que des conséquences légales de l'usage de drogues.

La deuxième partie de notre conférence portait sur les relations amoureuses saines. Étant donné l'augmentation de la violence dans les relations amoureuses chez les jeunes. Ils ont parlé de violence physique, psychologique, sexuelle et économique. ils ont expliqué le cercle de la violence dans les relations amoureuses ainsi que tous les éléments essentiels à une bonne relation amoureuse. La diffusion d'images intimes et le consentement étaient également au cœur de leurs présentations.

Ils ont aussi remis à chaque jeune un stylo-bannière : « L'amour... ça ne devrait pas faire mal! » afin qu'ils aient sous la main les ressources nécessaires pour euxmêmes ou pour aider un ami ou membre de leur famille. Cet outil est le fruit du travail de la table des partenaires pour contrer la violence conjugale et intrafamiliale du Sud-Ouest/Verdun.

par Marie-Christine Nobert Agent sociocommunautaire

### Elizabeth Ballantyne School



Honour Roll students in grades 5, 6 and 7

# EBS and Montreal Community Cares Foundation

On December 10, several of our cycle 3 students attended a luncheon that was hosted by the *Mont-*

real Community Cares Foundation, in collaboration with Concordia Office of Community Engagement. Honour Roll students in grades 5, 6 and 7 were invited to attend, as were students who exhibited perseverance in their schoolwork and showed marked improvement. The goal of this foundation is to acknowledge the achievements of these students, and to inform them about what they can expect from their secondary and post-secondary experiences.

Our students arrived, anxious and excited, alongside very proud and supportive parents. This was the first Honour Roll Breakfast for the *MCC* and our EBS students. The students were empowered by

messages about resiliency, commitment and hope. There were singing performances and spoken word poetry by our very own behaviour technician, **Roen Higgins**.

### Robotics

For the past few months, the Robotics Club students have been learning how to build and program robots, using the *Lego Mindstorms EV3* software. They have formed their teams and are now preparing for the EAST Robo-Junior competition in April. Working as a team, they will have to use their knowledge and creativity to prepare and solve new challenges for the competition. Wishing them the best of luck! Go EBS!

### **Genius Hour**

Some students from cycles 2 and 3 have been taking ownership of their own learning during Genius Hour. Genius Hour is a time that encourages curiosity and creativity, allowing students to explore their own passions. Students have begun to present their finished projects. Here are some of the interesting ones we have seen so far:

- Research on polar bears; how climate change is affecting their existence,
- Designing a large puzzle,
- A how-to video about playing Minecraft for beginners,
- Creating picture frames and knitted bunnies to go to children in hospital,
- Writing a children's book about the importance of environmental responsibility,
- Creating a website about the many trains we have all around the world,
- Teaching themselves how to code using "Code Academy",
- · Creating their very own video game,
- And so much more!

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### École des Amis-du-Monde

# Le conseil des élèves à la journée UNIS

Les élèves de l'école s'impliquent activement aux causes de l'organisme *UNIS*. D'ailleurs, nous travaillons présentement à l'écriture d'une pièce de théâtre qui sera présentée en mai. Les fonds seront remis à l'organisme pour la construction d'une école.

Donc, le jeudi 22 février, vingt élèves du conseil ont participé à une journée où l'implication sociale était à l'honneur. Plusieurs élèves sont revenus inspirés par les actions que nous pouvons faire.

### Le carnaval à l'école des Amis-du-Monde

Mardi 20 mars avait lieu notre petit carnaval. Des jeux gonflables et des postes d'activité physique étaient animés par les élèves des récrés branchées. Plusieurs parents étaient présents pour soutenir nos jeunes animateurs.

Nous avons reçu la visite de deux représentants de Parmalat. Nous avons profité de cet évènement pour présenter le parrainage de l'équipe cycliste de cette compagnie avec notre école.

## Journée de la francophonie à Québec

Le mardi 20 mars, deux élèves de l'école présentaient une BD créée par un collectif de neuf élèves en compagnie de monsieur **Michel Grant**, bédéiste. Les élèves inspirés par une chanson de leur choix ont créé une BD qui met en lumière le français, une langue qui inspire et qui nous unit. Lors de cette journée, des activités étaient prévues pour permettre aux élèves d'échanger avec des jeunes de deux écoles de Québec. En après-midi, nous avons assisté à un spectacle organisé par des jeunes du secondaire Cavelier-de-LaSalle, Jean XXIII et Paul-Gérin-Lajoie-d'Outremont. Une belle occasion d'apprécier ce qui se fait en français.

Plusieurs invités du monde politique ainsi que du monde de l'éducation étaient au rendez-vous.

Une belle occasion pour nos deux ambassadeurs, **Louis-Charles** et **Aran**, d'échanger avec des élèves de Québec.









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### End of year skating show

Legion Rink was packed on Sunday, March 18 for the annual *CRA* end of year skating show.

The show combines skaters from our figure skating program, co-ordinated by **Anne Smith** and coached by **Heather Smith**, as well as skaters from the learn-to-skate program, co-ordinated and coached by **Mackenzie Bullet**. These skaters have been working since October to learn new skills and practise their numbers.

The skaters performed to songs from *Beauty and the Beast*, Michael Jackson and *Lady and the Tramp*. The crowd was standing room only and everyone did a fantastic job.

A special thank you to **Beth Bloodgood Ames** for all the homemade costumes and to our volunteer assistant coaches for their patience and time. As well, thank you to **Sandra Palucci** and the other parent volunteers for all their time and help with the program and the end of year skating show.

Of course the show would not have been possible without the many volunteer hours of Anne Smith. Thank you to Anne for all your hard work and passion for the figure skating program. Last but not least well we would like to thank the rink staff: Mike, Phil, Greg, Jake Ryan and Chris Kearney for everything they do for these programs.

### Hockey

The regular season has come to an end and we are in playoffs. After an 18-game season, each team plays in a double elimination playoff round. In addition, there were 7 of our 13 teams who finished so strong in their division that they qualified for the Lac St. Louis Regionals. Congratulations to the following teams NV A, NV C, PW B, PW C, BT A, BT B, MG A and



2017-2018 figure skating group

good luck to everyone in the playoffs and regionals.

Future Stars finished their season with a pizza party and medals at Legion Rink. Our youngest players have come far this year learning how to skate forwards, backwards and puck handle. We look forward to seeing them back on the ice this fall.

The Double Letter hockey program has also finished their regular season after playing 24 regular season games and are now in their playoffs. Winners of the playoffs advance to the Provincial Championships at the Dodge Cup in Gatineau. Good luck to all the teams.

Spring is here and it's time to PLAY BALL! Register online at mwcrasports.ca!

### SPRING 2018 PROGRAMS Baseball 2009+

- Intercommunity baseball play against teams from CSL, Hampstead, TMR and Westmount
- 10-game season with playoffs and finals at CSL
- Mudhens spring training and evaluations start April 3 at Royal West Academy

### T-Ball

· Ages 3-6, Mondays, starts May 7, 6 weeks

### Introduction to baseball

 Ages 7 and 8, Thursdays, starts May 10, 6 weeks



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### Soccer (U8 - U15)

- Mandatory evaluations: Soccerplexe Catalogna (April 15 for boys and April 14 for girls). Season starts May 5
- Uniform pick up: May 2 and 3, 5-7 pm, arena
- U8 coaches' clinic: April 17, RWA, 6:30 pm
- Micro coaches' clinic: April 17, RWA, 6:30 pm
- Referees' clinic: April 16, RWA, 6:30 pm

If you are interested in becoming a coach or referee, please contact the CRA office at infocra@mtlwestcra.ca or call the office at 485-8598.

### Women's soccer 18+

• Thursdays, 7:30-8:30 pm, May 10 for 6 weeks

### Mini soccer

Introduces kids to soccer with skills, drills and mini games

- Little Strikers: 4 years old, born 2014; Saturday, 9-9:45 am
- Micro Soccer: 5 years old, born 2013; Saturday, 10-11 am
- Micro soccer: 6 years old, born 2012; Saturday, 11 am-noon

If you are interested in becoming a coach please contact the CRA office at infocra@mtlwestcra.ca or call the office at 485-8598.

Mandatory Micro coaches' clinic: April 17

### Rugby

Coached by Canadian National Rugby player Susy Binstock and Patrick Ghattas, players will learn basic rugby knowledge, ball handling and game situations. Six weeks plus jamborees.

- U7 and U9: Wednesdays, starts May 9
- U11 and U13 Thursdays, starts May 10

### **Gymnastics**

This program is an introduction to gymnastics using circuits and lessons for the beginner. The program is supervised by a qualified gymnastics coach from Gym Artistique Gadbois.

- Spring session: April 12-May 31, Thursdays, Elizabeth Ballantyne gym, \$110 (R) \$130 (NR)
- 3 ½-5 years old: 5:45-6:30 pm
- 6-10 years old: 6:30-7:30

### Sportball

Multi sport program where participants are introduced to skills from eight different: sports hockey, soccer, football, baseball, volleyball, golf and tennis.

- Spring session: April 10-May 29, Tuesdays, Elizabeth Ballantyne gym
- 2-3½ years, parent participation, 5:45-6:30 pm
- $3\frac{1}{2}$ -5 years old, 6:30-7:30 pm
- 6-10 years old. 6:30-7:30 pm

### Important dates:

- · Baseball players' spring training and evaluations: starts April 3 (must be registered)
- Judo end of year demonstration: April 11, Elizabeth Ballantyne School
- Soccer evaluations (boys): April 14 (must be registered)
- Soccer Evaluation (girls): April 15 (must be registered)

### **Steve Morissette**

continued from page 1

While living on the South Shore he joined the St. Hubert Judo Club and started full training and finally obtained his black belt in 2010.

Steve and Caroline Phaneuf (who some may remember listening to on CJAD and is now a communications and marketing consultant) and daughters Sophia (9) and Maya (7), moved five years ago to MoWest. Steve appreciates the five-minute commute to work rather than the two hours over the bridges. While he's a full time policeman, a parent and judo instructor, he also is taking courses at the HEC to get a certificate in supervision, which he expects to obtain this December.

In a desire to give something back to the community he started teaching judo for the CRA three years ago. The aim is to give children an idea of what judo is. While the coloured belt system is used, the classes are non-competitive. They learn the basics: falling properly, being comfortable with grips and balance, bonding with friends in class and, most important, learning selfconfidence.

At present he teaches two groups, 5- to 7-year-olds and 8- to 12-year-olds. It was while he and his daughters, who are in his class, were placing the judo mats down that he reinjured his bad knee. One of his students ran to get their father, Dr. Karl Cer**novitch**, who came over with Advil, ice and crutches and after a quick examination, advised him to go to the hospital. It seems surgery will be needed to finally repair that troublesome knee, but he does not look the type to let a bum knee stop him for long.

People who are interested in further details about the children's judo program can contact the CRA at infocra@mtlwestcra.ca or call 485-8598.



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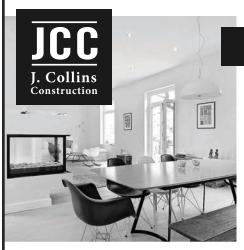
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# Communiqué :

### **MAYOR'S REPORT**



### Agglomeration reform

I met with Mayor Plante to start discussions about short-term and medium-term changes that need to be implemented in the functioning and structure of the Agglomeration Council. Some

short-term changes require only the good intentions of both sides of the table to enact. Other medium-term changes will require modification of the legislation that created the Agglo. The meeting was very positive and constructive, and it should act as a guide for our future meetings. Both sides were receptive and engaged in the initial discussions and we look forward to the implementation of positive changes. These changes include, among others, consultation with suburban mayors before the Agglomeration budget is developed and reviewing the procedure that determines the split of expenses between Montreal and the suburban towns.

### **Contracts**

Council recently voted on two contracts for infrastructure work. In both cases, we ensured we went to tender very early in the calendar year. Because of that, in both cases, the lowest conforming bid was substantially less than the estimate for the work. In one case, phase 2 of Davies Park, the lowest bid this year is some \$60,000 less than the lowest bid last year. That is significant. It highlights the reason why we sometimes have very tight schedules to finalize plans. For instance, to go out to tender in early January for the Percival infrastructure work, we had to conduct a hasty consultation with residents on the street about elements of the job in December. We explained that we needed to consult with them quickly to go to tender early in the new year and get the best price. And the results of the tender process show that our reasoning was sound. Residents were consulted, agreed on a plan, and the Town received an excellent price for the work.

### Coffee with the Mayor

The next Coffee with the Mayor will take place on **Thursday,April 26**, from 7:30 to 8:30 AM in the Community Centre.

Beny Masella, Mayor Town of Montreal West bmasella@montreal-west.ca



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### **Davies Park revitalization going ahead**



I'm pleased to announce that Phase 2 of the Davies Park Revitalization Plan will begin this spring.

We will be adding a water feature, new pathways and trees to the

park. The water feature won't incorporate any play equipment, but will be composed of several water jets that operate in a timed sequence at the press of a button. Lots of fun for the little ones! And the new pathways and plantings will provide a more pleasant park experience for everyone.

You may remember that this project had to be delayed twice in 2017. The first call for tender in March attracted no bidders (a rare occurrence in MoWest, though more common in Montreal). And the

second call in May brought in bids at 10% or more above our project engineer's cost estimate, thus they were rejected.

While disappointed, Council was still committed to the renovation plan and tried again in early January 2018. We theorized that, going to tender very early in the year before contractors' schedules were booked up would attract favourable bids. And indeed it did, with the winning bid coming in below the engineers' estimate!

And why is this project so important that Council would make three attempts to achieve it? Today there are more and more young families choosing to call MoWest home. Our community is experiencing a dramatic renewal, and this has had an impact on the demand for recreational services, parks and playgrounds. Davies Park is one of our most significant

recreation areas. In the heart of our town, it hosts nearly all our special events and is used year-round by neighbourhood children and those enrolled in Community Centre programs. We strongly believe it's a gem worth polishing.

Please keep in mind that, this year because of the work at Davies, virtually all of our special outdoor events will be held in other parks (mainly Strathearn) as the construction and landscaping proceeds. Please check *The Informer* and our website to confirm the event locations.

Our hope is to have the new features completed to enjoy by midsummer.

Elizabeth Ulin, Councillor Recreation, Culture and Communications eulin@montreal-west.ca



### **How to prevent burglaries**



It has come to my attention that recently there have been a few home break-ins in our community. While our town's crime statistics clearly demonstrate that Montreal West

continues to be one of the safest towns on the Island, we still need to be vigilant about protecting our property. First, it's useful to note a few Canadian crime statistics:

- A residential break-in happens every 90 seconds in Canada.
- 2. More than 80% of burglaries occur during daylight hours.
- Most illegal entries are made by amateur burglars without sophisticated tools.
- Most burglars enter through a basement or ground floor door or window.

In Montreal West, most of the burglaries involved front doors that were unlocked or windows that were not prop-

erly secured. Remember, thieves are looking for the path of least resistance. Accordingly, here are some preventative measures to regularly employ to secure your home and make it appear occupied at all times:

- Close blinds and curtains at night so that a burglar can't scope out your belongings.
- Lock all doors and windows before leaving your home (and strongly consider doing the same while you are at home).
- Lock windows so that they can't be opened from the outside (or be accessible with a ladder or lawn furniture left outside your home).
- If your windows can't be locked, you can pin them by drilling a hole through both window frames and inserting a bolt or metal pin. The pin must be easily removable in emergency situations.
- Consider using light timers or "smart technology" to maintain normal lighting patterns.

- Leave a radio on when you are away from your home for short periods of time.
- Keep shrubbery cut back so it doesn't block windows and doors.
- Illuminate as much of your property as possible at night.

While on vacation, there are plenty of measures you can take to protect your home: stop all mail delivery; arrange for a neighbour to cut the grass or shovel snow; cancel any deliveries during the time you will be away; maintain normal lighting patterns by using electronic timers; ask a neighbour to park in your driveway and put one of their garbage bins in front of your house on collection day.

Please feel free to write to me if you require any additional information or wish to highlight a security concern within our town.

**Dino Mazzone**, Councillor Public Security and Special Projects Fundraising dmazzone@montreal-west.ca

### Where can I vent?



More and more home owners are switching from standard efficiency furnaces to high efficiency ones. This can be a good move, both in terms of cost savings and pollution, as the new high efficiency furnaces produce liquid vapour by-products rather than gas emissions. However, this results in changes to the way these by-products are vented.

Whereas conventional furnaces utilize a vertical exhaust system through the roof, the high efficiency furnaces release the vapour through a wall of the house, usually at the foundation level.

Residents should be aware before installing this new equipment that it is **not permitted to vent the pipes through the front walls** of the house. In accordance with section 2.1.9 of the Building Bylaw No. 2009-010, "Equipment and conduits (ducts, outlets, electricity meters, etc.) must be located on the side or rear walls of the building."

This is further reiterated in the Zoning Bylaw No. 2010-002, section 4.4.1 which states: "No equipment or device shall be installed on the front facade of a main building." In addition to

ventilation conduits, this includes permanently installed heat pumps, heating, cooling and ventilation equipment, natural gas or propane tanks, oil reservoirs, generators, and solar panels.

Section 4.4.2 goes on to state that if this equipment is installed on a side wall, it should not be on the front half of the wall, and that it must be hidden by an opaque planting or fence.

The purpose of these bylaws (which exist is many municipalities) is to ensure that the visual harmony of the streetscape is not spoiled by unsightly mechanical or electrical equipment.

If you or your contractor are about to install equipment or venting, please ensure that these bylaws are respected. Lack of compliance can result in fines and additional costs for relocating the devices. If in doubt, please contact our Urban Planning Department (514-481-8125), to assist you with the bylaw requirements. Thanks for listening to me vent!

Colleen Feeney, Councillor Urban Planning, Finance, Administration and Human Resources cfeeney@montreal-west.ca

# communiqué

### RAPPORT DU MAIRE



### Réforme de l'agglomération

J'ai rencontré la mairesse Plante pour amorcer les discussions sur les changements à court et moyen terme devant être apportés au fonctionnement et à la structure du Conseil d'agglo-

mération. La mise en œuvre de certaines des modifications à court terme ne demande que la bonne volonté des parties en présence. Pour d'autres changements à moyen terme, des amendements sont requis à la loi créant l'agglomération. La rencontre s'est avérée très positive et constructive et devrait servir de guide pour nos réunions à venir. Les deux parties se sont montrées réceptives, ont entrepris les discussions initiales et nous envisageons la mise en place de changements positifs, dont la consultation avec les maires des banlieues avant l'élaboration du budget de l'agglomération et la révision de la procédure de détermination du partage des dépenses entre Montréal et les banlieues.

### **Contrats**

Le Conseil a récemment voté sur deux contrats pour travaux d'infrastructure. Dans les deux cas, nous nous sommes assurés d'aller en appel d'offres très tôt dans l'année. À cause de cela, dans les deux

cas, la plus basse soumission conforme était substantiellement inférieure à l'estimation. Dans le cas de la phase 2 du parc Davies, la plus basse soumission cette année se chiffre à quelque 60 000 \$ en deçà de la plus basse de l'an dernier. C'est considérable. Cela souligne la raison pour laquelle nous nous retrouvons parfois avec un calendrier très serré pour finaliser nos plans. Ainsi, pour faire l'appel d'offres en début de janvier pour le travail d'infrastructure de Percival, nous avons rapidement consulté les résidents de la rue en décembre concernant des éléments de l'ouvrage. Nous avons expliqué le besoin de les consulter rapidement pour inviter des offres tôt dans la nouvelle année et obtenir le meilleur prix. Les résultats du processus de soumissions ont démontré la justesse de notre raisonnement. Les résidents ont été consultés, ont convenu du plan et la Ville a obtenu un excellent prix pour le travail.

### Café avec le maire

Le prochain Café avec le maire aura lieu le **jeudi 26 avril** de 7 h 30 à 8 h 30 au Centre communautaire.

Beny Masella, maire ville de Montréal-Ouest bmasella@montreal-ouest.ca



Ministrate Protection of the Party

### La revitalisation du parc Davies



Je suis heureuse d'annoncer que la phase 2 du plan de revitalisation du parc Davies s'amorcera ce printemps.

Nous ajouterons un jeu d'eau, de nouveaux sentiers et des arbres.

Le jeu d'eau ne comprendra pas d'équipement de jeu, mais sera constitué de plusieurs jets fonctionnant en séquence chronométrée à la pression d'un bouton. Des tonnes de plaisir pour les petits! Et les nouveaux sentiers et plantations offriront une expérience de parc plus plaisante pour tous.

Peut-être vous souviendrez-vous que nous avons dû repousser ce projet deux fois en 2017. Le premier appel d'offres en mars n'avait attiré aucun soumissionnaire (rare à Mo-Ouest, mais plus fréquent à Montréal). Le second appel, en mai, a vu

des soumissions au cout 10 % ou plus audelà du cout estimé par notre ingénieur et furent donc rejetées.

Bien que déçu, le Conseil était toujours engagé à l'égard du plan de rénovation et a recommencé en début janvier 2018. Notre théorie voulait qu'un appel d'offres très tôt dans l'année, avant que l'horaire des entrepreneurs se charge, attire des soumissions plus favorables. Ce fut effectivement le cas, la soumission gagnante étant moindre que l'estimation de l'ingénieur!

Et pourquoi cet ouvrage est-il si important que le Conseil s'y reprenne par trois fois pour le réaliser? De plus en plus de jeunes familles font de Mo-Ouest leur chez-eux. Notre communauté vit un renouvellement spectaculaire, ce qui impacte la demande pour les services récréatifs, les parcs et terrains de jeux. Le parc Davies est une de nos plus im-

portantes zones de loisirs. Au cœur de notre ville, il accueille presque tous nos évènements spéciaux et sert à l'année aux enfants du voisinage et à ceux inscrits aux programmes du Centre communautaire. Nous croyons fermement qu'il s'agit là d'un joyau à polir.

Veuillez noter qu'en raison des travaux au parc Davies cette année, presque tous nos évènements spéciaux extérieurs se tiendront dans d'autres parcs (surtout au parc Strathearn) alors que la construction et le paysagement se poursuivent. Vérifiez le lieu des évènements dans *The Informer* et sur notre site Web.

Nous espérons pouvoir profiter des nouveaux aménagements vers le milieu de l'été.

Elizabeth Ulin, conseillère Loisirs, Culture et Communications eulin@montreal-ouest.ca



### **Comment prévenir les cambriolages**



On m'a rapporté que, récemment, il y avait eu quelques introductions par effraction dans des maisons. Même si les statistiques démontrent clairement que Montréal-Ouest

demeure une des villes les plus sûres de l'ile, la vigilance demeure toujours de mise pour protéger nos propriétés. Voyons d'abord quelques statistiques canadiennes sur le crime.

- Au Canada, une introduction par effraction dans une résidence se produit toutes les 90 secondes.
- 2. Plus de 80 % des cambriolages se produisent en plein jour.
- 3. La plupart des introductions illégales sont l'œuvre de cambrioleurs amateurs sans outils sophistiqués.
- 4. La plupart des cambrioleurs pénètrent par une porte ou une fenêtre du sous-sol ou du rez-de-chaussée.

À Montréal-Ouest, la plupart des cambriolages impliquaient une porte avant déverrouillée ou des fenêtres mal fermées. N'oubliez pas, les voleurs recherchent la voie la plus facile. Ainsi, voici quelques mesures préventives à utiliser régulièrement pour sécuriser votre maison et la faire paraître occupée en tout temps.

- Fermez les stores et les rideaux le soir pour que les voleurs ne puissent pas repérer vos biens.
- Verrouillez toutes vos portes et fenêtres quand vous quittez la maison (et pensez sérieusement à faire de même quand vous êtes là).
- Verrouillez les fenêtres de sorte qu'on ne puisse les ouvrir de l'extérieur (ou qu'on y accède à l'aide d'une échelle ou de meubles de jardin laissés dehors).
- Si vos fenêtres ne peuvent être verrouillées, vous pouvez les bloquer en perçant les deux cadres et y insérant un boulon ou une tige de métal. La tige doit être facilement amovible en cas d'urgence.
- Pensez à utiliser des minuteries ou une technologie intelligente pour maintenir des schémas d'éclairage normaux.

- Laissez une radio en marche pendant vos absences de courte durée.
- Taillez vos arbustes de sorte qu'ils ne bloquent pas la vue des portes ou fenêtres.
- Le soir, éclairez autant de votre propriété que possible.

Pendant vos vacances, vous pouvez prendre plusieurs mesures pour protéger votre maison : arrêtez la livraison du courrier; demandez à un voisin de couper votre gazon ou de déneiger; annulez toutes les livraisons pendant votre absence; utilisez des minuteries électroniques pour maintenir des schémas d'éclairage normaux; demandez à un voisin de stationner dans votre entrée et de mettre une de ses poubelles devant chez vous les jours de collecte.

Sentez-vous libres de m'écrire si vous désirez plus de renseignements ou souhaitez mettre en relief une question de sécurité dans notre ville.

**Dino Mazzone**, conseiller Sécurité publique et Financement de projets spéciaux dmazzone@montreal-ouest.ca

### Où évacuer?



De plus en plus de propriétaires changent leur chaudière à efficacité standard pour un appareil à rendement élevé. Cela peut s'avérer profitable, tant économiquement qu'écologiquement, puisque les appareils à rendement élevé rejettent de la vapeur d'eau plutôt que des émissions de gaz. Cela entraine cependant des modifications à la façon d'éva-

cuer ces sous-produits.

Les chaudières ordinaires utilisent un système d'évent vertical par le toit, mais celles à rendement élevé relâchent la vapeur à travers un mur de la bâtisse, habituellement au niveau de la fondation.

Avant d'installer ce nouvel équipement, les citoyens doivent savoir qu'il **n'est pas permis d'évacuer à travers les murs avant** de la maison. Selon l'article 2.1.9 du Règlement de construction no 2009-010, « Les équipements et conduits (gaines de ventilation, sorties d'air, compteurs électriques, etc.) doivent être localisés sur les murs latéraux ou arrière du bâtiment.»

Le Règlement de zonage no 2010-002 reprend ce point à l'article 4.4.1 qui stipule, « Aucun équipement ou appareil ne peut être installé sur le plan de façade avant d'un bâtiment principal. » En plus des conduits de ventilation, cela comprend les thermopom-

pes, équipements de chauffage, climatisation et ventilation, réservoirs de gaz naturel ou de propane, réservoirs de mazout, génératrices et panneaux solaires.

L'article 4.4.2 poursuit en stipulant que, si installé sur un mur latéral, cet équipement ne peut être posé dans la moitié avant du mur et qu'un aménagement paysager opaque ou une clôture doit le dissimuler.

L'objectif de ces règlements (qui existent dans de nombreuses municipalités) est d'assurer que l'harmonie visuelle du paysage de rue n'est pas sabotée par du matériel mécanique ou électrique disgracieux.

Si vous ou votre entrepreneur êtes sur le point d'installer quelque matériel, assurez-vous de respecter ces règlements. Le défaut de vous y conformer peut entrainer des amendes et des frais additionnels pour déménager les équipements. Dans le doute, contactez notre service d'Urbanisme au 514-481-8125 pour de l'aide avec ces règlements. Merci de m'avoir permis d'évacuer!

Colleen Feeney, conseillère

Urbanisme, Finances, Administration et Ressources humaines cfeeney@montreal-ouest.ca

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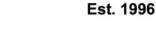
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### Montreal West Scout Group



Venturers and Junior Rovers on a wooded trail into Stowe

Beavers

Our first meeting after March break was very boisterous and energetic. To celebrate National Good Samaritan's Day, Scouter **Lightning** (Nancy Sculnik) had the Beavers travel through several areas of the pond: at "Rainbow's Reflection" they talked about doing good deeds", at "Rascal's River" each Beaver made cut outs of their hands to form a little booklet and added good deeds that they would do in the coming week, at "Rusty's Meadow" they worked in teams to complete a Good Samaritan relay race and finally at "Hawkeye's Campfire" they sang

songs such as *The More We Get Together*. Scouter **Belle Hibou** (**Tara Gerrie**) rounded out the evening with two new action songs about a *Moose Drinking Juice* and *Sliding on Ice* and *Hugging Polar Bears*.

Our music night was very special as **Olga Gross** (a longtime Scouting parent), MoWest resident and a *MSO* musician brought her harp to show the Beavers, play for them and answer their questions. As one Beaver said, "it is really big, how do you move it?" Thank You Olga for your time and patiently talking to the children.

Our White-tail Beavers (third year) have all received their new tails with a lightning

Tel. 514.419.6787

bolt on them. The lightning bolt signifies that these older Beavers will shortly transition from Beavers to Wolf Cubs and take part in a few Cub Pack activities.

### **Venturers/Junior Rovers**

(the older youth)

Five of our Junior Rovers and two advisors (Lesley Coles and Jon Wiersma) headed to Stowe, Vermont the first weekend of March. Thank you very much to the Eiser Family for allowing the group to stay at their condo. Original plans were to go cross-country skiing and snowshoeing, but there was so little snow that the outdoor activities turned to hiking instead. They hiked into town on a wooded trail on Saturday, stopping at The Malt Shop for milkshakes before heading back to the condo. On Sunday they worked their way back through the Cabot Cheese Store, a sugar shack and the Cold Hollow Cider Store where they saw how apples are pressed to make cider. Of course they left the best for last – a tour of Ben and Jerry's!

It was a peaceful few days away from their busy lives of studies and part-time jobs.

At the end of March, our Venturers have been invited to attend camp at Tamaracouta with a group from Westmount.

We are very proud of **Andy Wong** and **Shade Chrun-Tremblay** as they have volunteered their time to help organize a clothing swap with the *Green Team* at Marianopolis. Well done you two, great initiative!

### Garden supplies

This year our annual Garden Supplies Fundraiser has run the month of March and into April. Order forms were included in last month's issue of *The* 

Informer. If you have not been approached by a member of our Scout Group by, please call one of the following numbers and we will make sure that your order is picked up. The residents of MoWest and neighbouring communities have always been very supportive of the MW Scout Group. It is much appreciated!

If you would like to give a donation in lieu of garden supplies we can give you a tax receipt for donations of \$20 or more. Make cheques out to Scouts Canada. To order, call **Dave Wood** at **487-6272** or **Bob King** at **481-6523**.

Thank you for your support in helping keep our Montreal West Scout Group vibrant!



14B Westminster North, Montreal West, Qc H4X 1Y9

### Guiding



February 22 is a very special date in the Guiding and Scouting worlds.

Lord Baden-Powell founded both movements over 100 years ago. He and his wife shared February 22 as their birthdays. In 1926, it was decided to hold a special day to celebrate the sisterhood of Guiding and February 22 was given the name Thinking Day. It is a time where all members of Guiding in 150 countries think of each other and the effect Guiding is having on our world. Every year there is a theme; this year, it was Impact. Both the MoWest Guides and Brownies celebrated by looking at their impact on the world.

The Guides were quite surprised at how much money they had collected in just one week for the World Thinking Day Fund. They also talked about the impact Guiding has had on them, and their own impact locally and internationally.

The Sparks learned about Guiding in the United Kingdom, the country where it all started. They had a chance to play running games related to the story of the founding of Guiding. They also pretended to be part of the Queen's Guard. Half of the girls were "tourists;" the other half were "guards." The tourists tried to make the "guards" laugh by making funny faces. None of the "guards" lasted very long before they were on the floor in a heap of giggles.

For March break, the girls were invited to a "bonus" meeting. There were 15 girls in total from the different branches. They earned their Girls Count Challenge badge by learning about financial literacy and money management skills. It was quite interesting to see their different personalities come out during our auction.

The Sparks continue to work on their Cross Canada Challenge by learning more



Guides collected money to send to the World Thinking Day Fund. They formed a trefoil with the coins.

# **February 22: Thinking Day**

about Ontario and Quebec. The girls loved playing the relay race where they had to dress two leaders in winter clothing.

Since the MoWest unit is a test unit for the new program that will start this fall, some of our meetings are "top secret." The girls have been fantastic in providing feedback on what they liked and did not like about the new program ideas! We are anxiously awaiting the big reveal in a few months as to what the new program will be all about.

The Brownies were treated to a special meeting where they "travelled" to different dates relevant to Guiding and Canadian Guiding history. **Elizabeth**, the unit assistant, did a fantastic job organizing all the different stations for the girls to visit. Brown Owl helped by sharing her first-hand experiences of meeting members of Guiding from different countries.

The Guides have worked on their Heritage Home Skills badge. They had a great

time making candles, toffee, weaving and even making and using paper cup and string telephones! The girls have been encouraged to work on badges at home. Some girls have really taken off; all they needed was a little encouragement.

### Cookies

The traditional sandwich cookies have arrived! MoWesters are well known for their generous support of the Girl Guides. Each box of cookies is \$5 and the profits go to sustain our wonderful organization, including right here in MoWest. Some of the profits go to Guiding internationally.

If you know anyone involved in Guiding and would like some cookies, all you need to do is ask. Dr. **John Drummond** and his staff are amazing benefactors of the Girl Guides; cookies are available in his office on Brock Avenue. There is a limited supply of mint cookies on hand.

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### Children's Library



### Revenez nous voir!

Lorsque vous emmènerez vos enfants au parc Strathearn pour admirer la nature qui

s'éveille, venez faire un peu de lecture dans notre magnifique espace baigné de lumière.

# Archéophone, sur la piste des Amérindiens

Pour souligner le Jour de la Terre le 22 avril prochain, de 13 h à 14 h, nous vous convions à une activité d'archéologie sur le thème des Amérindiens du Québec. Un archéologue présentera une animation interactive et les enfants pourront manipuler des objets anciens. Cette activité se déroulera en français, avec traduction anglaise. Achetez vos billets à la bibliothèque au coût de 5 \$ par enfant (3 \$ Amis de la bibliothèque).

### Nouveautés pour lecteurs avancés

Pour aider vos adolescents à construire leur vision du monde, nous vous suggérons Cœur de Cristal et l'Âme du Monde, de Frédéric Lenoir ainsi que six contes philosophiques d'Éric-Emmanuel Schmitt qui forment le Cycle de l'invisible: Milarepa, Monsieur Ibrahim et les fleurs du Coran, L'enfant de Noé, Le sumo qui ne pouvait pas grossir et Les dix enfants que madame Ming n'a jamais eus. Consultez Le Blogue de Brigitte (sous l'onglet Rencontrez-nous), sur notre site web, au mwcl.ca pour en savoir davantage sur ces nouveautés.

### Au revoir, Casey...

Après avoir mené avec enthousiasme plusieurs projets importants, **Casey** a répondu à l'appel de ses concitoyens et travaille désormais pour une bibliothèque de sa région. Nous la remercions du fond du cœur pour sa contribution au développement de notre bibliothèque et accueillons avec joie Ekaterina pour diriger notre équipe. Voici des petits mots de chacune d'elles à votre attention.

It is with a measure of sadness that I bid farewell to all my friends at the Children's Library. I have enjoyed my time here so very much, and you will always have a special place in my heart.

J'espère que vous allez vous joindre à moi pour accueillir notre nouvelle bibliothécaire, Ekaterina, très chaleureusement!

### My name is Ekaterina

Hello! My name is **Ekaterina**, and I am the new Head Librarian at the Children's Library. I am delighted to join the devoted team, and to bring a world of wonder to the young members of this charming library. It is my pleasure to receive the torch from



Casey and a privilege to continue the mission of the previous librarians. I will make sure that our library stays a vibrant and friendly place to visit, where you can have lots of fun: read books, gather information, play games, participate in activities, find inspiration and buddies.... If you have suggestions and ideas, don't hesitate to bring them to me. Look forward to seeing you at the library!

Bonjour! Je m'appelle Ekaterina, et je suis la nouvelle bibliothécaire à la Bibliothèque des jeunes. J'ai le grand plaisir de faire partie d'une équipe dévouée et de réaliser les rêves des jeunes membres de cette merveilleuse bibliothèque. C'est un privilège de prendre la relève de Casey et de continuer la mission des bibliothécaires qui ont laissé leur marque avant moi. Je vais m'assurer que notre bibliothèque soit toujours un espace stimulant où vous pouvez vous amuser avec des livres, trouver de l'information et de l'inspiration, participer à des activités, rencontrer des amis.... J'aimerais entendre vos suggestions et vos idées, et je vous attends à la bibliothèque. À bientôt!

### Hours/Horaire

 $\label{eq:mon-Tue-Wed-Fri-lun-mar-mer-ven} Mon/Tue/Wed/Fri-lun/mar/mer/ven: 9:00-17:00$ 

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### Kosher corner



### Holiday of Passover

Coming up next on the Jewish calendar is Passover, the holiday of freedom!

This eight-day festival is celebrated in the early spring, from the 15<sup>th</sup> through the 22<sup>nd</sup> of the Hebrew month of Nissan, this year March 30-April 7.

Passover (Pesach) commemorates the emancipation of the Israelites from slavery in ancient Egypt. It is observed by avoiding leaven bread and highlighted by the Seder meals that include four cups of wine, eating matzah and bitter herbs and retelling the story of the Exodus.

Chametz (leaven bread and the like) may be left at home as long as it is sold to remove any personal ownership for the duration of Pesach. To sell your chametz and for more information, please visit ChabadWestminster.com/sellchametz.

### **New Torah class!**

A new MoWest weekly Torah class on Chasidic Philosophy will begin right after Passover. To join, please contact Rabbi **Mendy Marlow** at **632-9649** (mendymarlow@gmail.com).

### Monthly Shabbat service

Due to the holiday of Passover, the Shabbat service for the month of April will be held Friday, April 13 at 6:30 pm at 141 Westminster.

Wishing Montreal West a Joyous Kosher Passover!

from Rabbi Marlow



### News from the pews

### St. Ignatius of Loyola

We invite you to our Encounter Mission! This is an amazing opportunity to hear about how an encounter with Jesus can transform your life. André Regnier, renowned speaker and founder of Catholic Christian Outreach (a university based movement committed to positively impacting students lives), will be our speaker. André spells out the heart of the Christian message in a clear and compelling way and invites people to take the next step and encounter God. If you are questioning things in your life or want to find purpose and passion, then please join us on the evenings of April 29 and 30 at 7 pm for a potentially life changing *Encounter*!

More information can be found on our website: stignatiusmtl.org.

from Fr. Leclerc

### St. Philip's

After the grand festivities of Easter, the following Sunday can be a bit of a letdown. But we have the perfect way to make it equally enjoyable. After the 10 am Eucharist on April 8, we gather for a community pot-luck lunch in the Memorial Hall. There is always good food and fellowship; come and join us.

Our refugee sponsorship, jointly with St. Thomas and the former Trinity Memorial, was a great success. The family, from the Democratic Republic of Congo by way of a refugee camp in Malawi, has integrated well into Montreal society and is thriving. We have some money left over and sufficient energy on the committee, that we are ready to start the process again to sponsor another family. We kick off fundraising for this second sponsorship with a service of Evensong at St. Thomas' Church, 6897 Somerled, on Sunday, April 29 (time TBD, check our Facebook page).

Music has always been an important part of life at St Philip's. Unfortunately, the console for our Casavant pipe organ was severely damaged in 2014, when a heating pipe sprang a leak. Since then, we have had to rely solely on our smaller Wilhelm tracker organ, a beautiful instrument, but without the tonal and dynamic range of the Casavant. Two of our members are making major gifts to replace the console of the pipe organ, and we will be undertaking some musically-oriented special events (Evensong, hymn sings, organ recitals, etc.) to help raise the rest of the money required. Look for announcements in next month's *Informer*.

Our spring fair (formerly the Book & Bake Sale) will take place on Saturday, May 12. In addition to the wide selection of deli-

cious baked goods and plenty of books to peruse, we will have numerous craft dealers, an outdoor community yard sale and Fr. **Jim**'s hotdog stand. Anyone can rent a table (for \$25) at the yard sale – it's a great opportunity to clean out your attic, basement or garage, make some money in the process and enjoy some fellowship. Call the church office at **481-4871** to reserve.

### **MW** United

...the brick one

### Hop to it!

April 1 is already Easter Sunday with much to lift the spirit. Worship at 10 am will be full of visual, fragrant, tuneful and mindful experiences to celebrate all that defines Christianity in its best form. All are welcome to attend and enjoy this special service. Come and see what speaks to you.

# Musical Thursday: quartettes and tea

A string quartette plus piano will entertain in the sanctuary on Thursday, April 5 at 1 pm with *MSO* musicians and friends. Each Dvorak concerto is made up of a few sections that follow along after each other, with no applause until the end. This way no one's concentration or reverie is disturbed. The reverberation at the end of each section as it echoes through the sanctuary is a part of the performance. Please come and bring a neighbour, friend or newcomer, then join us for tea and home baking afterwards. A \$20 donation gets you a musically intimate setting for a melodic and tasty afternoon.

### Circling in on Sunday afternoon

This month our Labyrinth Walk will be Sunday, April 29 between 2 and 4 pm. This falls on a full moon, one week after Earth Day and just before May Day. Historically we know that some Labyrinths had a May pole in the centre and were part of a springtime ritual. It is up to you what you make of this walking meditation. Ours is set to be an individual activity. You may seek something in particular or simply come for the peace of the walk. Nothing is required of you, but to be open to whatever thoughts arrive that may speak to some aspect of your life. All welcome. Please walk in socks or slippers.

### Shelf space at last!

Time to begin divesting yourselves of books, good magazines, puzzles, games, CDs, etc. that are cluttering your existence. We are now receiving donations for our Book Browse Plus that happens Saturday, May 5 in Wadsworth Hall from 9:30 am-3 pm. Drop off donations any time; the out-

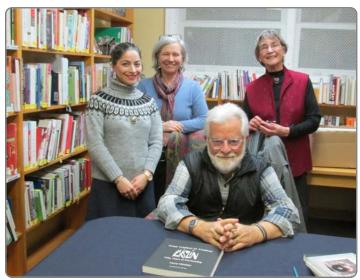
side doors are unlocked. Then come and peruse the tables for things that tickle your fancy(ies) at bargain prices. We will have coffee and tea going so you can shop at your leisure and in comfort.

from Susan Upham





### **Public Library**



The library would like to thank *Bonder Bookstore* for introducing us to **Terry Mosher**. His event was completely filled with standing room only. A good time was had by all. Sometimes popping into your neighbourhood store brings about some great ideas! In background: **Zara Saeidi**, **Debbie Marcoliese** and **Carol Foster** 

### Welcome to Zara!

Please join me in welcoming **Zara Saeedi** to our staff. Zara is a professional librarian and a recent graduate of McGill University. She will be working Tuesdays and Thursdays.

### Online catalogue:

mwpl.daphnis.opalsinfo.net/bin/home

This month's big news is the library catalogue is now available online so that anyone can search our collection to see what books/DVDs/talking books we have on our shelves. Search by author, title or even subject! The site is under construction so

things will be changing until we have finally stabilized the environment. We are hoping to complete the first phase by June. The link may be also found on the Town's website and on our Facebook page.

Some library members have been asked why we are automating. There is worry that this will change our library and remove the quaint and cozy feel to it. We hope not! The library system will allow us to better serve our members. It will allow our members to: review, reserve and renew books; search for books by topics, author or title; see what is on loan and when it is

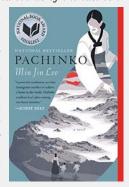
### What I have read recently

by France Algar

(a new section written by some of our members on books they have read recently)

Pachinko by Min Jin Lee. This "sweeping family saga" tells the story of four generations of a Korean family that moves to – and remains in – Japan. The major world events of the last cen-

tury are present but very much secondary to the family's story. The focus is on how the new immigrants and then their offspring experience and deal with feelings of belonging and exclusion, of living in the space between two cultures. The book is about a time and place I know very little about which made it interesting but more importantly, it made me reflect upon the challenges of leaving your country of birth and adapting to life in a new country and culture, a relevant topic these days.



due back. It will also allow the library to keep better track of its collection, to see what items are popular and what items are not. Please come talk to us if you have any concerns.

### Do not miss!

April 18 at 7 pm come to MoWest Talks: to talk about changes in environmental protection.

Tea and Books is April 11 at 2 pm. Every second Wednesday of the month you're invited to chat about books you've read over a hot cuppa. All are welcome. Read Coming Events for details

### 481-7441

**Reservations/requests:** mwlib.requests@gmail.com

**Head Librarian:** mwlib@videotron.ca

### **OPENING HOURS**

We are reviewing our opening hours; let us know what you think!

Monday / Tuesday 10 am-6 pm; 7-9 pm Wednesday / Thursday 10 am-4 pm; 7-9 pm Saturday: Noon-4 pm



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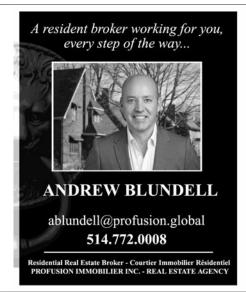
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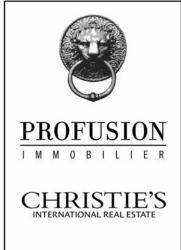
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### **Community Centre**

### **Red Cross babysitting**

11 years + Saturday, May 5 9:30 am-4 pm Community Centre

Cost: Residents: \$65/Non-residents: \$75 Learn the skills required to carry out babysitting duties.

# Spring program: sign up now!

montreal-west.ca/regitration

Baby Boogie: Saturday, 9:30 am

Music and Movement: Saturday, 10:30 am Parent & Tot Exercise Class: Tuesday,

11:20 am-12:20 pm Youth chess: Fridays, 4 pm

Captain Catalyst science fun: Saturdays,

10-11:30 am

Youth Hip Hop (13-17 years old): Thurs-

days, 5:30 pm

**Pre ballet and ballet**: 3-10 years old **Adult fitness**: TRX, gentle yoga, men's yoga, Essentrics, stretching, Zumba and much more.

Early Bird Prices for summer programs are available until April 27.

### **Invaluable volunteers**

The Community Centre would like to thank all the wonderful volunteers who have been so generous with their time in making our community such a great place to live. Without all of you, we could not hold the events we do in the Town. We appreciate everything you do!

### 50+ Club



(L to R): Mary Taylor, Doug Yeats, Chester Sawczyszyn, June Gray, Jo Balough, Dori Yeats, Nora Brown, Ann Crompton, Sandy Knight, Janet Dimock, front: Bill Quartel and Carole Desmarteau. A few had left before the photograph was taken: Lorraine Purves, Mai Singer and her brother in law, Wendy Cowen and Mary Sawczyszyn.

### Olympic Tea

On February 16, 50+ Club had an Olympic Tea at Community Centre with special guests **Doug** 

and **Dori Yeats**. Dori even brought her Olympic medal for all to see. Everyone was surprised that Doug had competed in five Olympics and that Dori is now playing rugby. Everyone loved the opportunity; there were many questions and some said only in Montreal West do we get such an opportunity.

### **Foot clinics**

**April 12 & 26** 

\$40 for the first visit, \$35 for subsequent visits by appointment only

484-6186

### **April**

- 4 Soup's On: Volcanoes by speaker Bruno Stenson
- 6 Movie matinée: A Quiet Passion
- **13** Hearts in Action: Discover resources in your community
- 24 Bridge

### **Overnight trips**

Stratford Festival: **June 12-16**Garden four (2 days, 3 gardens): **July 13-14** 

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### Town Council meeting: February

by Carol Foster

Following his announcement made in the last Council meeting that the mandate of the Agglomeration Council is being questioned by the Association of Suburban Mayors, Mayor Masella reported that he will be meeting with Mayor Plante to discuss this problem. A further meeting has been scheduled with the Minister of Municipal Affairs, Martin Coiteux, to present the need for reform at the provincial level.

### First question period

A resident pointed out that Westmount is taking legal action against the noise being generated by the Turcot Interchange Project which is affecting that community. Given that the increased noise is also affecting some homeowners in the Ronald Drive area, he questioned why MoWest hasn't joined this action. The Mayor replied that Westmount was claiming that the noise in that area is due to changes made to the original plan of the project and these changes were done without public consultation. It was the Mayor's opinion that the demolition of the train tunnel could not be considered a change in the plans and therefore did not qualify for public consultation.

**Councillor Mazzone** added that without a baseline for noise comparison, a case could not even be made.

The same resident asked for a follow-up to his earlier questions concerning the problems at the railroad crossing on Westminster. The Mayor said he felt he has seen an increased police presence at the crossing but attempts to alleviate the problems are ongoing. The *RTM* is working to find solutions for pedestrians but the traffic issues are far from being solved and the optimal

solution could cost five to six million dollars and involve appropriation of property.

The winter weather was the cause of the rest of the problems brought up during this question period. A large pothole was reported on Wolseley and **Councillor Torres** will ask Public Works to deal with it.

This concern was followed by a chorus of snow-clearing complaints. Snow being dumped onto the street in parking areas by contractors and snow being blown on front lawns by Public Works staff were the issues raised with varying degrees of unhappiness by the speakers.

Councillor Mazzone explained that the problem of the way some contractors are dealing with the snow was discussed in caucus and it was recognized that there was a need for more diligence in monitoring this situation. Attempts at communication have already been made, but only constant surveillance would enable the PSOs who aren't always available on site, to ticket the offenders.

As for the snow being blown onto front lawns, the Mayor stated firmly that, had there been a choice, the snow would not have been blown onto yards at all but disposed of in the usual manner, but since the dump was full, there was no choice.

### **Councillors' Reports**

Anticipating a change in the seasons, **Councillor Ulin** announced that now that the outdoor rinks have closed, residents could look forward to the St. Patrick's Day Breakfast as well as the Cotton Tail Party in March. In addition, the Volunteers' party will be held in April and hiring has begun for the summer camp and pool staff.

Councillor Feeney explained the major items in the \$1,056,000 spent by the Town in the past month. These included road-

work, snow removal, annual grants to Town institutions and repairs to the roof and the air quality in the arena.

The Building Inspector is taking on the major task of consolidating the bylaws under his responsibility and their ongoing amendments in order to make this information more easily comprehensible.

More snow has fallen by the end of February of this year than in the entire winter last year. This has made blowing snow onto some lawns an absolute necessity, according to Councillor Torres. In addition, street lights, water main breaks and potholes are all being repaired, keeping Public Works staff "stretched to the limit."

Approximately 25 people attended an information session, hosted by Councillor Mazzone, where questions concerning the Turcot Interchange project were addressed. The Town's Public Safety Officers will attend a training session covering how to deal with drug and terrorism problems.

Only one crime, which involved a break and entry, was reported in the past month and Councillor Mazzone pointed out that this can serve as another reminder to all residents of the importance of keeping their doors locked.

### Second question period

One questioner felt that communication between the Council and the Town residents could be improved by having the Council meetings broadcast and wondered if this was a possibility. Councillor Ulin replied this is one of the many things being looked at as the Town's website is upgraded. (She had reported earlier in the meeting that this website would have an option for having views expressed and questions answered.)

The management of the Town's pension fund was the last topic brought up during the second question period. A frequent attendee wondered why the investments were so conservative.

Councillor Feeney defended the decisions made by the Pension Committee stating that it was in line with the investment policy and with many other pension committees which have portfolios less open to risk.

The meeting was then adjourned.

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### Réunion du Conseil : février

par Carol Foster traduction par René Boucher

Donnant suite à sa nouvelle lors de la dernière réunion du Conseil voulant que l'Association des maires de banlieue remettait en question le mandat du Conseil d'agglomération, le maire Masella a rapporté qu'il rencontrera la mairesse Plante pour échanger sur cette question. Un autre entretien est prévu avec le ministre des Affaires municipales, Martin Coiteux, pour présenter le besoin de réforme au niveau provincial.

### Première période de questions

Un résident a fait remarquer que Westmount entreprenait des procédures judiciaires à l'égard du bruit généré par le chantier de l'échangeur Turcot, lequel affecte cette communauté. Étant donné que l'augmentation du bruit touche aussi des propriétaires du secteur promenade Ronald, il se demandait pourquoi Mo-Ouest ne se joint pas à la poursuite. Le maire a répondu que Westmount prétend que le bruit dans cette zone est dû à des modifications aux plans d'origine et que ces changements n'ont pas fait l'objet de consultation publique. De l'opinion du maire, la démolition du tunnel ferroviaire ne pouvait être considérée comme un changement de plans et donc n'était pas soumise à une consultation publique.

Le **conseiller Mazzone** a ajouté que sans base pour comparer le bruit, on ne pouvait intenter de poursuite.

Le même citoyen a demandé une suite à ses questions antérieures concernant le passage à niveau Westminster. Le maire a indiqué qu'il croyait avoir constaté une présence policière accrue au passage à niveau, mais que les efforts pour amenuiser les problèmes se poursuivent. Le *RTM* recherche des solutions pour les piétons, mais les difficultés de circulation sont loin d'être résolues, et que la solution ultime couterait de cinq à six millions des dollars et nécessiterait des expropriations.

Le temps hivernal a été la cause des autres problèmes soulevés au cours de cette période de questions. On a parlé d'un gros nid-de-poule sur Wolseley et la **conseillère Torres** demandera aux Travaux publics de s'en occuper.

Un concert de plaintes concernant l'enlèvement de la neige a suivi. Les plaintes formulées avec des degrés variables de mécontentement concernaient la neige laissée dans les espaces de stationnement sur rue par des entrepreneurs et la neige soufflée sur les terrains avant par le personnel des Travaux publics.

Le conseiller Mazzone a expliqué que la façon dont certains entrepreneurs disposent

de la neige a fait l'objet de discussion en caucus et l'on a convenu du besoin de plus grande diligence pour surveiller cette situation. Il y a déjà eu des tentatives de communication, mais seule une surveillance constante permettrait aux ASP, pas toujours disponibles sur place, de remettre des contraventions aux fautifs.

Quant à la neige soufflée sur les cours avant des propriétés, le maire a affirmé fermement que, s'il y avait eu un choix, la neige n'y aurait pas été empilée, mais plutôt transportée au site de neige usée; par contre, la décharge étant pleine, ce choix n'existait plus.

### Rapport des conseillers

Anticipant le changement de saisons, la conseillère Ulin a indiqué que maintenant que les patinoires extérieures sont fermées, les résidents pouvaient s'attendre au Déjeuner de la Saint-Patrick et à la Fête du lapin en mars. De plus, la Soirée des bénévoles se tiendra en avril et l'embauche du personnel pour le Camp de jour et la piscine est en cours.

La **conseillère Feeney** a expliqué les principales dépenses de la Ville au cours du mois précédent, totalisant 1 056 000 \$. S'y retrouvaient des travaux routiers, l'enlèvement de la neige, les subventions annuelles aux institutions de la Ville et des réparations au toit de l'aréna ainsi que pour la qualité de l'air.

L'inspecteur en bâtiments a entrepris la tâche primordiale de consolider la réglementation sous sa responsabilité et ses amendements continus afin de rendre cette information plus facilement compréhensible.

Plus de neige est tombée jusqu'à la finfévrier, cette année, que pendant toute la saison, l'an passé, obligeant les Travaux publics à déposer la neige sur certains terrains avant, selon la conseillère Torres. De surcroit, des lampadaires, des bris d'aqueduc et des nidsde-poule ont tenu le personnel des Travaux publics occupés « à la limite ».

Environ 25 personnes ont assisté à une séance d'information organisée par le conseiller Mazzone où l'on répondait à des questions concernant le chantier Turcot. Les agents de Sécurité publique de la Ville assisteront à une séance de formation sur la gestion des problèmes de drogues et de terrorisme.

Un seul crime, une introduction par effraction, a été rapporté au cours du mois dernier et M. Mazzone a fait remarquer que cela devrait servir de rappel aux citoyens de l'importance de verrouiller les portes.

### Deuxième période de questions

Un intervenant croyait que les communications entre le Conseil et les citoyens pourraient être améliorées si les réunions du Conseil étaient diffusées; il se demandait si cela était possible. La conseillère Ulin a souligné que c'était là une des nombreuses choses considérées dans la mise à niveau du site Web de la Ville. (Elle avait indiqué plus tôt pendant la réunion que le site Web offrirait la possibilité d'exprimer des opinions et d'obtenir réponse à des questions.)

Le dernier sujet abordé en cette deuxième période de questions concernait la gestion du fonds de retraite de la Ville. Un habitué des séances du Conseil a contesté le conservatisme des investissements. La conseillère Feeney a défendu les décisions du Comité du régime de retraite, indiquant qu'elles étaient conformes à la politique d'investissement et avec celles de nombre d'autres comités de régimes de retraite qui détiennent des portefeuilles moins exposés aux risques.

La séance était ensuite levée.

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# **COMING EVENTS**

Please call the editor: Heather at 489-7022. e-mail: montrealwestinformer@gmail.com Next deadline: April 11

### **April**

- Sun 1 Easter Sunday worship. St. Philip's. 8 and 10 am. Easter Sunday Mass. St. Ignatius. 9 and 11 am. Easter service. MW United.10 am.
- Tue 3 Baseball tryouts begin. RWA. 6:30 pm.
- **Thu 5 Annual Musical Thursday.** Intimate one-hour benefit concert: string quartet and piano quintet. MW United. 1 pm.
- Sat 7 Empty Bowls / Bols du partage. NDG Food Bank (6150 Somerled) 11 am-3 pm.
- Tue 10 *IODE* meeting. Community Centre. 2-4 pm.
- **Wed 11 Tea and Books.** You're invited to chat about books you've read over a hot cuppa. All welcome. Public library. 2 pm.
- Thu 12 Town hall meeting with The Hon. Marc Garneau who will be happy to listen to questions, opinions or concerns regarding federal issues as well as discuss and answer them. Auditorium, Royal West Academy. 7-9 pm.
- Sat 14 Girls' soccer evaluations at Soccerplexe Catalogna.
- Sun 15 Boys' soccer evaluations at Soccerplexe Catalogna.
- Mon 16 MW Horticultural Society presents Mark Burleton on the gardens of the official residences of the N.C.C. Non-members, \$5. Town Hall. 7:30 pm.
- Wed 18 MoWest Talks. Changing Attitudes to Protect the Environment. Presentations from the Raging Grannies, Arlington Farms, Meadowbrook and the Town's Environment Committee. Public library. 7 pm.
- Sun 22 Congregation Dorshei Emet's 12<sup>th</sup> annual Empty Bowls Bols du partage. YM-YWHA, 5400 Westbury. 1-3 pm.
- Tue 24 Royal West Academy's Shakespeare study group will present *The Tempest*. Also on Wednesday. Tickets are \$10 adults, \$7 seniors, \$5 students. Fundraiser Thursday, April 26: wine and cheese at 6:15, performance at 7 pm. Tickets are \$15 adults and seniors, \$10 for students. Entry includes one glass of wine or soft drink. Performance in the school auditorium, 189 Easton. Tickets at the door. 7 pm. *St. James Literary Society* presents A Democratic Deliberation on Sleeping Pills Why Sex and Gender Matter.

liberation on Sleeping Pills – Why Sex and Gender Matter. Reservations essential: 484-0146; \$12 for non-members. John Simms Community Centre. 7:30 pm.

- **Thu 26 Coffee with the Mayor**. Community Centre. 7:30-8:30 am.
- Sun 29 Afternoon Labyrinth Walk. MW United. 2-4 pm.

  Fundraiser to sponsor a refugee family. St. Philip's.

  Meet at St. Thomas' (6897 Somerled).

**Encounter Mission**. All welcome; invite a friend! St. Ignatius. 7 pm. Also Monday; same time.

Mon 30 Town Council Meeting. Town Hall. 8 pm.

### MAY

- Sat 5 Book Browse Plus. MW United. 9:30 am-3 pm.

  West End Quilters' 30th show. St. Ignatius church hall.
  10 am-5 pm. Continues Sunday: 10 am-3 pm.
- Sat 12 Spring fair. St. Philip's.



### West End Quilters

May 5 and 6 St. Ignatius of Loyola church hall

We are hoping that April showers will bring May flowers but no matter the weather the West End Quilters will have quilts blooming at our 30th anniversary show. Doors are open on Saturday from 10 am-5 pm and Sunday 10 am-3 pm. We will have some quilt shop vendors, a tea room, a silent auction, a boutique table and lots and lots of quilts.

This quilt is one that will be at the show. It was a Paintchip Challenge. Everyone made a square using paint colours matching their initials. After the show, this quilt and another will be donated to *Quilts of Valour* which supports our injured Canadian Armed Forces members past and present with quilts of comfort.

For information, please contact **Mary** at wequilters@gmail.com.

from Mary Sutherland

## Classifieds

### THE CRA IS HIRING:

- Soccer referees (clinic, April 16),
- Baseball umpires (April 24, 6-10 pm or April 28, 10 am-2 pm in CSL) and
- Baseball scorekeepers (April 26). If you are interested, please send email to infocra@mtlwestcra.ca.